



FALL

2024 CATALOG



PATHWAYS
INSTITUTE®
for Lifelong Learning

*Courses, Excursions, and Service-Learning Opportunities
for Adults 55+ in Lancaster County.*

Landis 
Communities
Cultivating Life, Together

LANCASTER COUNTY

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On the Front Cover

Life-long educator, **Cynthia Burkhardt**, PhD, leads a drum circle to demonstrate the art and power of Middle Eastern dance and drumming. Join her for LH 108 in September. Participants in this course will walk away forever inspired by the beauty of this authentic art form in Middle Eastern culture.

© Photo Jeremy Hess Photography

Welcome & General Information

Dear Lifelong Learners,

Thank you for your interest in the Pathways Institute for Lifelong Learning® in Lancaster County!

Whether you have taken courses with us before or are signing up for the first time, you will find this term's offerings to be energizing and engaging. Instructors will stimulate your curiosity through courses that broaden awareness on a wide variety of topics, from local history (Milton Hershey's story and Klein's baseball team in Elizabethtown) to Revolutionary War and American Indian history; from appreciating the natural world (the Conestoga River and monarch butterflies) to the beauty of fraktur folk art, as well as music appreciation through classes in both rock & roll and classical music.

Courses this term invite you to experience the power of a Middle Eastern drumming circle, cook a seasonal, savory menu under the direction of experienced chefs, delve into Harrisburg history and art on an excursion to governors' mansions and the annual "Art of the State" exhibit, decorate your own ceramic Christmas tree snack plate, thrill with the American pioneers of early aviation, enjoy movie clips from 100 inspiring heroes in film, and visit Underground Railroad sites in York and northern Lancaster County to learn the legacy of early African Americans in their freedom struggle.

We welcome you to enroll in the exciting fall 2024 courses and excursions and look forward to providing you with many new and enriching learning opportunities this fall. We can't wait to welcome you into our community of lifelong learners.

Sincerely,



Pathways Institute Manager
at Landis Homes

717.381.3577

ThePathwaysInstitute.org/lancaster-county/

Pathways Institute for Lifelong Learning® Mission and Purpose

The mission of Pathways Institute for Lifelong Learning is to foster in persons 55+ a quest for lifelong learning that enriches the mind and spirit to pursue wisdom, service, and understanding.

Created to meaningfully engage the talents and abilities of adults 55+, Pathways Institute recognizes the wealth of resources they have to celebrate, discover, and share. At Landis Communities since 2008, (originally established by Messiah Lifeways®), Pathways Institute exists to provide intellectual, cultural, and spiritual opportunities promoting overall wellness.

Pathways Institute provides a forum for education and lifelong learning through discussion and sharing in an open and objective environment. All opinions are welcome. We expect respectful dialogue. Information presented in courses or events is for educational and enrichment purposes only and is not representative of Pathways Institute for Lifelong Learning nor Landis Communities.

Landis Communities Mission

The mission of Landis Communities is "following God's call to creatively serve the diverse needs and interests of older adults by developing opportunities and collaborative relationships." The values of joy, compassion, integrity, stewardship and community guide our work.



Membership

Membership is available to any participant. Membership is not required to participate in Pathways Institute courses. However, members receive various benefits, as outlined below. This fall, membership costs \$37 per term for community members and \$21 per term for Landis Communities residents, affiliates and partners *(including residents of Landis Homes, Steeple View Lofts, Landis Place on King, Mountain View Terrace, as well as members of Friends Life Care Continuing Care at Home (CCaH) and Lancaster Downtowners)*. Membership is valid for one term only.

Membership Benefits

- Priority access to courses, see more information below
- Reduced course fees, see below
- 10% discount on campus restaurants if dining on the day of a course you’re attending
- No course cancellation fee, if dropping a course two weeks in advance
- Guest access, allowing you to bring a friend to one, 1-2 session course once a term, free of charge
- Priority access to special events sponsored by Pathways Institute and partner organizations
- Access to trips offered by Landis Communities

Course Fees

Each course has a fee, which is listed in the catalog under each course description. Note that members enjoy a 50% discount on courses and excursions. Some courses or trips have additional costs (for supplies, transportation, admissions, etc.) which are noted in the course description.

| Registration Options | Member - Community | Member - Resident | Non - Member |
|---------------------------|--------------------|-------------------|--------------|
| Membership Fee (per term) | \$37 | \$21 | \$0 |

| Course Fees | Member - Community | Member - Resident | Non - Member |
|--------------------|--------------------|-------------------|--------------|
| 1-2 Session Course | \$12 | \$12 | \$24 |
| 3-4 Session Course | \$16 | \$16 | \$32 |
| 5-6 Session Course | \$19 | \$19 | \$38 |
| Excursions | \$16 | \$16 | \$32 |

To guarantee your spot in a course, **all fees must be prepaid before the start of the course.** For excursions, **the fees must be paid one week prior to the day of the event.**

Purchase Protection

Once again, we are pleased to offer you the option of Purchase Protection through our registration software provider. It is non-refundable. You can choose this option at checkout when registering for courses if you are paying by credit card. Purchase Protection functions like trip insurance for illness, injury or bereavement/death; full reimbursement of all fees is possible with proper documentation. If you choose not to add Purchase Protection, our two-week refund policy will apply. You can find more information on Purchase Protection on the FAQs page of our website, [Thepathwaysinstitute.org/frequently-asked-questions/](http://thepathwaysinstitute.org/frequently-asked-questions/)

Refunds

Please note that a participant's membership fee is not refundable.

If a course is canceled by Pathways Institute, a participant will receive a full refund, or another course may be taken in its place.

If You Choose to Drop a Course:

If a participant selects a Purchase Protection Plan: the refund policy will not apply. The participant will need to file a claim directly with the registration software provider, Regpack.

If a participant does not select a Purchase Protection Plan:

Members will receive credit for the full amount of the course registration fees paid when dropping a course at least 14 days prior to the course start date. No credits/refunds can be given if a course is dropped 13 days or less before the start date.

Non-members will receive credit toward future courses, minus a \$10 cancellation fee when dropping a course at least 14 days prior to the course start date. No credits/refunds will be given if a course is dropped 13 days or less before the start date.

Registration

This term we are again offering priority access to registration for those who register as members. Priority access will be available from August 14, beginning at 9:00 am, through August 20. During this registration window, only **membership** options will go through. On August 21, registration will also open for **non-member** registration options.

The fall term runs from September 18 through December 9.

We encourage you to register and pay online at **ThePathwaysInstitute.org/lanaster-county/**

If paying by check, please make it payable to Landis HCBS.

Pathways Institute team members are also available to help you in the office or over the phone. If you need assistance with your registration, please contact our office at 717.381.3577 or at pathways@landis.org

Are you new to Pathways Institute?

ENJOY A FREE COURSE ON US!

If you have not participated in Pathways Institute programs before, you can register for one course free of charge, subject to availability.*

**This offer only applies to courses with a \$24 course fee under a non-member option. The discount will be applied automatically upon checkout for all new participants choosing non-member registration.*

Courses-at-a-Glance

FALL 2024

CMR = Crossings Meeting Room, 2nd floor (Crossings) at Landis Homes

HFA = High Foundation Auditorium (Crossings) at Landis Homes

OHB = Owl Hill Bistro (Crossings) at Landis Homes

| Day of Week | Date | Start Time | End Time | Course Code & Title | Location | Page # |
|-------------|------|------------|------------|---|------------------|--------|
| W | 9/18 | 8:15 am | 3:30 pm | LH301 Underground Railroad Trip to York (Excursion) | York, PA | 23 |
| TH | 9/19 | 10:00 am | 12:00 noon | LH101 Should I Consider Buying an Electric Car? History, Pros, and Cons | HFA | 8 |
| TH | 9/19 | 1:00 pm | 2:30 pm | LH102 Stories of the Conestoga River: Struggles and Conservation on Lancaster's Historic Waterway | HFA | 8 |
| M | 9/23 | 10:00 am | 11:15 am | LH103 American Revolution: Faith and Conflict (1 of 3) | HFA | 9 |
| T | 9/24 | 10:00 am | 11:30 am | LH104 A Home for Everyone: Fair and Accessible Housing in Lancaster | HFA | 9 |
| W | 9/25 | 1:30 pm | 2:30 pm | LH105 Miracle of Monarchs: Butterfly Life Cycle and "Mariposa's Wish" (1 of 2) | HFA | 10 |
| TH | 9/26 | 10:00 am | 12:00 noon | LH106 The Arctic and Antarctica: Polar Opposites | HFA | 10 |
| TH | 9/26 | 1:00 pm | 3:00 pm | LH107 Painting Christmas Ceramics (1 of 2) | CMR | 10 |
| F | 9/27 | 10:00 am | 12:00 noon | LH108 The Art of Middle Eastern Dance and Drumming | HFA | 11 |
| M | 9/30 | 10:00 am | 11:15 am | LH103 American Revolution: Faith and Conflict (2 of 3) | HFA | 9 |
| T | 10/1 | 10:00 am | 11:30 am | LH109 A Day in the Life of an Air Traffic Controller: Is it Safe to Fly? | HFA | 11 |
| T | 10/1 | 1:00 pm | 2:15 pm | LH110 "For the Love of Violet:" The Story of Artist Violet Oakley's 43 Murals | HFA | 12 |
| W | 10/2 | 10:30 am | 11:30 am | LH111 Up, Up, and Away: Heroes of Early Flight (1 of 6) | HFA | 12 |
| W | 10/2 | 12:30 pm | 3:30 pm | LH302 Kauffman Orchards Tour and Talk (Excursion) | Bird-in-Hand, PA | 23 |
| TH | 10/3 | 1:00 pm | 3:00 pm | LH107 Painting Christmas Ceramics (2 of 2) | CMR | 10 |

Courses-at-a-Glance

FALL 2024

| Day of Week | Date | Start Time | End Time | Course Code & Title | Location | Page # |
|-------------|-------|------------|------------|---|----------|--------|
| F | 10/4 | 1:00 pm | 2:30 pm | LH112 Unnoticed Women of the Bible | HFA | 12 |
| M | 10/7 | 10:00 am | 11:15 am | LH103 American Revolution: Faith and Conflict (3 of 3) | HFA | 9 |
| T | 10/8 | 1:30 pm | 2:30 pm | LH113 Short Story Discussion Course (1 of 3) | CMR | 13 |
| T | 10/8 | 3:00 pm | 5:00 pm | LH114 Fall Harvest Cooking with Chef Tate | OHB | 14 |
| W | 10/9 | 10:30 am | 11:30 am | LH111 Up, Up, and Away: Heroes of Early Flight (2 of 6) | HFA | 12 |
| W | 10/9 | 1:00 pm | 3:00 pm | LH115 Why Can't They Understand: Cross-Cultural (Mis)Communication (1 of 2) | HFA | 14 |
| TH | 10/10 | 10:00 am | 11:30 am | LH116 So, What is an Anabaptist Anyway? Essentials of the Faith (1 of 3) | HFA | 14 |
| TH | 10/10 | 1:00 pm | 2:15 pm | LH117 Navigating Fake News: How to Develop Information Literacy | HFA | 15 |
| T | 10/15 | 1:30 pm | 3:00 pm | LH118 The Osage Indian Murders of the 1920s | HFA | 15 |
| W | 10/16 | 10:30 am | 12:00 noon | LH119 "E Pluribus Unum": How Immigration Made the United States | HFA | 15 |
| W | 10/16 | 1:00 pm | 3:00 pm | LH115 Why Can't They Understand: Cross-Cultural (Mis)Communication (2 of 2) | HFA | 14 |
| TH | 10/17 | 10:00 am | 11:30 am | LH116 So, What is an Anabaptist Anyway? Essentials of the Faith (2 of 3) | HFA | 14 |
| TH | 10/17 | 1:00 pm | 3:00 pm | LH120 Poets of Rock & Roll (1 of 2) | HFA | 16 |
| F | 10/18 | 10:00 am | 12:00 noon | LH121 A Critical History of American Journalism (1 of 3) | HFA | 16 |
| T | 10/22 | 10:00 am | 12:00 noon | LH122 Terrorism: Threats to the U.S. | HFA | 16 |
| T | 10/22 | 1:00 pm | 3:00 pm | LH123 US National Security Issues: Update | HFA | 16 |
| W | 10/23 | 10:30 am | 11:30 am | LH111 Up, Up, and Away: Heroes of Early Flight (3 of 6) | HFA | 12 |
| W | 10/23 | 1:30 pm | 3:00 pm | LH105 Miracle of Monarchs: Butterfly Migration and Wintering in Mexico (2 of 2) | HFA | 10 |
| TH | 10/24 | 10:00 am | 11:30 am | LH116 So, What is an Anabaptist Anyway? Essentials of the Faith (3 of 3) | HFA | 14 |

Courses-at-a-Glance

FALL 2024

| Day of Week | Date | Start Time | End Time | Course Code & Title | Location | Page # |
|-------------|-------|------------|------------|---|---------------------------------|--------|
| TH | 10/24 | 1:00 pm | 3:00 pm | LH120 Poets of Rock & Roll (2 of 2) | HFA | 16 |
| F | 10/25 | 10:00 am | 12:00 noon | LH121 A Critical History of American Journalism (2 of 3) | HFA | 16 |
| T | 10/29 | 8:30 am | 4:00 pm | LH303 Harrisburg History and Art (Excursion) | Harrisburg, PA | 24 |
| T | 10/29 | 1:30 pm | 2:30 pm | LH113 Short Story Discussion Course (2 of 3) | CMR | 13 |
| W | 10/30 | 10:30 am | 11:30 am | LH111 Up, Up, and Away: Heroes of Early Flight (4 of 6) | HFA | 12 |
| W | 10/30 | 1:00 pm | 3:00 pm | LH124 "We Would See Jesus": Imagery and Perplexity in the Early Church | HFA | 17 |
| TH | 10/31 | 10:00 am | 11:30 am | LH125 My Spiritual Journey with Fraktur, Pennsylvania German Folk Art | HFA | 17 |
| TH | 10/31 | 1:00 pm | 3:00 pm | LH126 Inspiring Movie Heroes (1 of 4) | HFA | 18 |
| F | 11/1 | 10:00 am | 12:00 noon | LH121 A Critical History of American Journalism (3 of 3) | HFA | 16 |
| M | 11/4 | 10:00 am | 12:00 noon | LH127 Everything You Ever Wanted to Know About Music History in One Brief Session | HFA | 18 |
| W | 11/6 | 10:30 am | 11:30 am | LH111 Up, Up, and Away: Heroes of Early Flight (5 of 6) | HFA | 12 |
| W | 11/6 | 1:00 pm | 2:30 pm | LH128 Ending Gerrymandering for Election Fairness: A Fair Districts PA Update | HFA | 18 |
| TH | 11/7 | 1:00 pm | 3:00 pm | LH126 Inspiring Movie Heroes (2 of 4) | HFA | 18 |
| F | 11/8 | 8:30 am | 1:00 pm | LH304 Amish Quilts Tour: Historic and Modern Masterpieces (Excursion) | Lancaster, PA & New Holland, PA | 24 |
| T | 11/12 | 1:30 pm | 3:00 pm | LH129 Walking the Shikoku Pilgrimage in Japan: 88 Temples, 750 miles, and 7 weeks | HFA | 19 |
| W | 11/13 | 10:30 am | 11:30 am | LH111 Up, Up, and Away: Heroes of Early Flight (6 of 6) | HFA | 12 |
| W | 11/13 | 1:30 pm | 3:00 pm | LH130 Eternal Tourism: The Seven Wonders of the Ancient World | HFA | 19 |
| TH | 11/14 | 9:30 am | 11:30 am | LH131 Walking Each Other Home: Preparing for End-of-Life | HFA | 20 |
| TH | 11/14 | 1:00 pm | 3:00 pm | LH126 Inspiring Movie Heroes (3 of 4) | HFA | 18 |

Courses-at-a-Glance

FALL 2024

| Day of Week | Date | Start Time | End Time | Course Code & Title | Location | Page # |
|-------------|-------|------------|------------|---|----------|--------|
| F | 11/15 | 10:00 am | 12:00 noon | LH132 Culture in the Bible: Near East Societies and the Hebrew Old Testament (1 of 2) | HFA | 20 |
| M | 11/18 | 10:00 am | 12:00 noon | LH133 Continuing the Legacy of Lancaster Architect C. Emlen Urban (1 of 4) | HFA | 21 |
| M | 11/18 | 1:30 pm | 3:00 pm | LH134 Candy Bars and Baseball: Klein Chocolate Company's 1919 Team | HFA | 21 |
| T | 11/19 | 10:00 am | 11:30 am | LH135 Milton Hershey "The Man Behind the Chocolate Bar" | HFA | 22 |
| T | 11/19 | 1:30 pm | 2:30 pm | LH113 Short Story Discussion Course (3 of 3) | CMR | 13 |
| TH | 11/21 | 1:00 pm | 3:00 pm | LH126 Inspiring Movie Heroes (4 of 4) | HFA | 18 |
| F | 11/22 | 10:00 am | 12:00 noon | LH132 Culture in the Bible: Near East Societies and the Hebrew Old Testament (2 of 2) | HFA | 20 |
| M | 11/25 | 10:00 am | 12:00 noon | LH133 Continuing the Legacy of Lancaster Architect C. Emlen Urban (2 of 4) | HFA | 21 |
| M | 12/2 | 10:00 am | 12:00 noon | LH133 Continuing the Legacy of Lancaster Architect C. Emlen Urban (3 of 4) | HFA | 21 |
| T | 12/3 | 10:30 am | 12:00 noon | LH136 How to Avoid Imposter and Romance Scams: Don't Take the Bait! | HFA | 22 |
| M | 12/9 | 10:00 am | 12:00 noon | LH133 Continuing the Legacy of Lancaster Architect C. Emlen Urban (4 of 4) | HFA | 21 |

On-Site Courses

All courses are held in the **High Foundation Auditorium (Crossings) at Landis Homes** unless otherwise noted. Enrollment limits are set up per room capacity, unless otherwise noted.

LH101

SHOULD I CONSIDER BUYING AN ELECTRIC CAR? HISTORY, PROS AND CONS

Course Topic: Science and Technology

Thursday, September 19 | 10:00 am - 12:00 noon

Description: As a former auto designer and business consultant, instructor Tim Harkleroad is well-positioned to discuss the history, advantages, and challenges of electric vehicles. Tim and his wife, Susan, have owned a Tesla since 2015 and recently added an all-electric Nissan Leaf to their garage. They are committed to the exploration of alternative fuels and renewable power sources to either supplement or replace fossil fuels where possible.

Instructor: **Tim Harkleroad** holds a BA in industrial design from Pratt Institute in Brooklyn. He started his career as an automobile designer for the Ford Motor Company and went on to work for several large consulting industrial firms. He had his own design firm for the last 13 years of his 40 years in the field. Tim is married to Susan Dyson, and they live at Landis Homes.

Fee: \$12 member/\$24 non-member

LH102

STORIES OF THE CONESTOGA RIVER: STRUGGLES AND CONSERVATION ON LANCASTER'S HISTORIC WATERWAY

Course Topic: Nature

Thursday, September 19 | 1:00 – 2:30 pm

Description: The Conestoga River meanders for 60 miles through the fertile farmlands of Lancaster County. From early Native American inhabitants to the European settlers who made the river valley their home, the river has provided sustenance and transportation for generations. We will enjoy the beauty of the Conestoga in photographs and look at the effect of settlement on the river. We will discuss conservation steps that can be taken to ensure that future generations are able to enjoy this natural beauty.

Instructor: Author and lifelong photographer, **Donald Kautz**, grew up and still lives among the beautiful farmland and rolling hills of Lancaster County. He has spent many hours photographing and writing about the Conestoga. Donald is the author of *The Conestoga River: A Natural History* (2021) and *Mills of Lancaster County* (2023), about grist mills along the river. He can be reached at donaldkautz.com.

Fee: \$12 member/\$24 non-member



Learn about monarchs in LH105, next page.

LH103

AMERICAN REVOLUTION: FAITH AND CONFLICT (3 SESSIONS)

Course Topic: History

Mondays, September 23, 30, and October 7 | 10:00 – 11:15 am

Description: This course describes the uncertainty of the 1770s. Events forced rural folks into hard decisions, producing profound impacts. Would they join the Patriots, the Loyalists, or remain Pacifists? Peace-loving saints lost their lives in service to soldiers. The Lancaster gallows claimed two, but a third escaped. A book dedicated to faith became a military commodity. Two centuries almost obliterated these stories. Recent years shed new light on heroes of faith.

Instructor: **Ken Sensenig** served with Mennonite Central Committee for about 35 years, both internationally and domestically. Ken holds an EdD degree from Temple University. Ken employs the power of stories to teach and inspire. Ken and his wife, Karen live in the Ephrata area.

Fee: \$16 member/\$32 non-member

LH104

A HOME FOR EVERYONE: FAIR AND ACCESSIBLE HOUSING IN LANCASTER

Course Topic: Contemporary Issues

Tuesday, September 24 | 10:00 – 11:30 am

Description: Representatives from two Lancaster agencies – Chestnut Housing and Off the Streets – will share about homelessness in Lancaster (and nationally), and about their programs focused on alleviating poverty to address the need for fair and affordable housing.

Instructors: **Chad Martin** is the Executive Director of Chestnut Housing, which provides affordable rental housing to people experiencing homelessness, and connects people and communities of faith with tangible ways to create more affordable homes in Lancaster. **Deacon Mike Oles** founded Off the Streets to help homeless families and individuals get into permanent housing by providing basic furnishings and security deposits. Both of these groups work with other local Lancaster agencies to address the problem of unhoused people in Lancaster.

Fee: \$12 member/\$24 non-member

LH105

THE MIRACLE OF MONARCH BUTTERFLIES (2 SESSIONS)

Course Topic: Nature

**Wednesday, September 25, 1:30 – 2:30 pm and
Wednesday, October 23, 1:30 – 3:00 pm**

Session One: Butterfly Life Cycle and
“Mariposa’s Wish”

Session Two: Migration and Wintering in Mexico:
Firsthand Accounts

Description: In this two-part session, you will learn about the life cycle and winter migration of monarch butterflies. Session One will explore the metamorphosis from lowly caterpillars to fluttering celebrities of the garden with the author of a children’s story about a butterfly named Mariposa. Session Two will cover the migration of monarchs from the eastern US to wintering grounds in specific forested mountains of central Mexico. You will hear firsthand accounts from Landis Homes residents who traveled there in January to see this natural phenomenon.

Instructors: Session One: Nancy Littlefield is a retired elementary school teacher. Her book, *Mariposa’s Wish*, began as a story for her second-grade students. Nancy has 15 years of experience raising monarch butterflies in both Pennsylvania and Florida. In this role, she has researched monarch life, cultivated milkweed to feed caterpillars, and released hundreds of butterflies.

Session Two: Seven residents from Landis Homes went on a trip to Mexico to see the forests where migrating monarchs spend the winter months. Hear stories and see images of their visit to the butterfly sanctuaries from **Carolene Brubaker, Leon and Elaine Good, Marlin and Barb Hershey, and Dan and Thelma Wenger.**

Fee: \$12 member/\$24 non-member

LH106

THE ARCTIC AND ANTARCTICA: POLAR OPPOSITES

Course Topic: Nature

Thursday, September 26 | 10:00 am – 12:00 noon

Description: This course will look at the history of exploration, weather, and the future outlook for both poles. In the first part of the session, participants will learn about the Northern Lights (Aurora Borealis) in the winter Arctic sky. In the second part, participants will travel on a trip to Antarctica aboard an expedition cruise ship. You will see the wonderful sights and witness the wildlife on our journey to the southern continent.

Instructor: Lou Thieblemont is fascinated by the sky and worked for 37 years as a commercial airline pilot. He is a former mayor of Camp Hill and volunteered in the fire department there. Lou received a 2012 SAGE award from Harrisburg Magazine and has produced programs for WITF’s “Mind Matters.” He has presented popular courses at Pathways Institute for more than 16 years.

Fee: \$12 member/\$24 non-member

LH107

PAINTING CHRISTMAS TREE CERAMICS (2 SESSIONS)

Course Topic: Wellness and Lifestyle

**Thursdays, September 26 and
October 3 | 1:00 – 3:00 pm**

Description: In this two-session course, participants will paint a pre-cast, Christmas tree snack plate. You will decorate it with intricate underglazes during the first session; afterward the pieces will be fired by the instructor off-site. During the second session, you will paint the overglazes. After the second firing, pickup will be arranged with the Pathways Institute office.

Instructor: Polly Winters has been making ceramics most of her life and had her own ceramics business

for many years. She and her husband, Don, worked together to mold ceramics for their many clients to use their creativity to finish. She organizes the ceramics Christmas sale at Brethren Village, where she and Don now live.

Location: Crossings Meeting Room (2nd floor, Crossings) at Landis Homes

Enrollment Limit: 12

Fee: \$22 member/\$34 non-member
(includes \$10 materials fee)

LH108

THE ART OF MIDDLE EASTERN DANCE AND DRUMMING

Course Topic: Culture, Arts, Music

Friday, September 27 | 10:00 am – 12:00 noon

Description: Participants in this session will walk away forever inspired by the beauty of authentic Middle Eastern dance and the powerful drums that accompany it. Did you know that it is the oldest recorded dance in the world? Come learn about the role of this beautiful art form in Middle Eastern culture and experience the power of a drum circle. Absolutely no musical experience is necessary! Drums and other musical instruments will be provided for anyone who would like to participate as we engage in a fun, hands-on drum circle together. This course promises to be one that you will remember for years to come! (Note: participants will not be dancing, only drumming.)

Instructor: Dr. Cindy Burkhart is a lifelong educator. For 30 years she worked in the field of education serving as a Social Studies teacher and school leader. She received her bachelor's and master's degrees from Allegheny College and a doctorate from Penn State University. Her father is of Middle Eastern descent, which led her to learn and practice the beautiful art of Middle Eastern dance and drumming.

Fee: \$12 member/\$24 non-member

LH109

A DAY IN THE LIFE OF AN AIR TRAFFIC CONTROLLER: IS IT SAFE TO FLY?

Course Topic: Science and Technology

Tuesday, October 1 | 10:00 - 11:30 am

Description: Air traffic controllers are responsible for the safety of thousands of passengers in a single shift, as they communicate with pilots. Instructor Harvey Scolnick discusses how the US air traffic control system works and the jobs of the air traffic controllers who are its backbone. His stories, told in a lighthearted style, are both informative and enjoyable, as he addresses the question of safety in the US airspace system. Having worked during the 1981 air traffic controllers' strike and on September 11, 2001, when the national air traffic control system was shut down, he is an expert on our nation's airspace.

Instructor: Harvey Scolnick is a retired air traffic controller with the Federal Aviation Administration (FAA), with over 50 years of experience in aviation. He has worked at facilities in Cleveland, OH, New York City, NY, Lancaster, PA and Harrisburg, PA. After retirement, he conducted pilot safety seminars and administered training programs at the Harrisburg air traffic control tower.

Fee: \$12 member/\$24 non-member

LH110

“FOR THE LOVE OF VIOLET:” THE STORY OF ARTIST VIOLET OAKLEY’S 43 MURALS

Course Topic: History

Tuesday, October 1 | 1:00 - 2:15 pm

Description: Meet Violet Oakley, the shy 28-year-old artist who accepted a commission to paint murals for the Pennsylvania Statehouse. Violet was the first female artist to be awarded a large commission for adorning a public capitol building in the US. She devoted 25 years of her life to painting the 43 murals that decorate Joseph Huston’s “Palace of Art.” This course explores her life and art.

Instructor: **Cindy Dlugolecki**, from Mechanicsburg, PA, is a playwright, practicing the craft since the 1990s. She has written over 15 plays of various lengths, most of which have been performed or produced as staged readings in central Pennsylvania. Her latest work, “Quill-Adelphia,” is a musical telling of the story of the 1787 Constitutional Convention and her ancestor who engraved the original copy of the Constitution.

Fee: \$12 member/\$24 non-member

LH111

UP, UP, AND AWAY: HEROES OF EARLY FLIGHT (6 SESSIONS)

Course Topic: History

**Wednesdays, October 2, 9, 23, 30,
November 6, 13 | 10:30 – 11:30 am**

Description: This course is about six of the early pioneers of flight. Those to be presented are John Wise, balloonist from Lancaster, PA; Wilbur and Orville Wright, aircraft inventors; Eddie Rickenbacker, America’s World War I flying ace; Charles Lindbergh, the first to fly solo across the Atlantic Ocean; the last flight of the Hindenburg, Germany’s zeppelin; and Amelia Earhart, most famous of the female pilots, who attempted to circumnavigate the world.

Instructor: **Dr. Robert Frick** is a retired educator with 45 years of experience in the Lampeter-Strasburg School District. Of the 45 years, 42 were as a school administrator with the last 15 as superintendent of schools.

Fee: \$19 member/\$38 non-member

LH112

UNNOTICED WOMEN OF THE BIBLE

Course Topic: Religion

Friday, October 4 | 1:00 - 2:30 pm

Description: This course will profile unnoticed but important women in the Bible, to help us discover who these women were, the roles that they played, and what we can learn from them. Building on biblical study, it seeks to fill gaps in our understanding and bring to light women whose stories will encourage and challenge us.

Instructor: After 15 years of teaching music, **Rhoda Yost**, ThM, returned to academia and earned a degree in Practical Theology. In 2011 she planted Rivers Edge Fellowship, a Lancaster Mennonite congregation that included a large group of Bhutanese Nepali immigrants. She retired as pastor in 2022. Rhoda and her husband, Art, reside at Brethren Village. Art’s encouragement and resourcefulness were crucial to Rhoda’s ministry.

Fee: \$12 member/\$24 non-member



Test your cooking skills in LH114, next page.

LH113

SHORT STORY DISCUSSION COURSE (3 SESSIONS)

Course Topic: Literature

**Tuesdays, October 8, 29, and
November 19 | 1:30 - 2:30 pm**

Description: This course will continue the tradition of short story reading, analysis, and discussion begun by beloved former Pathways Institute instructor, Louise Barnett. Stories are distributed in advance so that session participants can read ahead and come prepared to discuss. This fall, the instructors have selected three short stories that explore the theme, “Reality Check.” In these stories, the authors present characters who find themselves stepping into a situation that is quite different than their earlier observations, one that they cannot ignore and must consider as they move forward. Each session will encourage the participation of all members, after introductory remarks from the instructor.

Instructors: **Victoria Ehrhardt**, PhD, is a lifelong educator, focused on literature and expository writing. She is the author of a writing textbook and has worked as a consultant with the College

Board and Educational Testing Service on test development. Working her way into retirement, she was most recently an adjunct professor of English at Elizabethtown College.

Roger Godin, PhD, taught film and media studies at Franklin & Marshall for more than 10 years and has spent 50 years studying film history and analysis. Additionally, he loves literature with great passion, and this love began in childhood.

Amy Moreno, PhD, holds degrees in literature from Hamilton College and the University of Delaware. She taught English at the University of Delaware, at the University of Caen (France), and at Franklin & Marshall College (F&M). She is currently employed as a research contractor and editor on the Global Barometers Project for LGBTQ human rights at F&M College.

Location: Crossings Meeting Room (2nd floor, Crossings) at Landis Homes

Enrollment Limit: 20

Fee: \$16 member/\$32 non-member

LH114

FALL HARVEST COOKING CLASS

Course Topic: Wellness and Lifestyle

Tuesday, October 8 | 3:00 - 5:00 pm

Description: Enjoy sweet and savory flavors of the fall harvest in this seasonal, hands-on cooking class under the supervision of Chef Tate Morgan and his assistants. You will be cooking the following: ginger, carrot, and sweet potato soup; fall kale salad; pan-seared chicken, filled with figs and pine nuts; balsamic glazed brussels sprouts hash; and autumn apple bread pudding with cream anglaise.

Instructor: Tate Morgan is campus-system Executive Chef for Unidine at Landis Homes, where he shares his wide range of culinary knowledge to enrich the lives of residents. In the past, he worked as the Director-Executive Chef in Washington, DC, with Bank of America Executive Dining Rooms, and was Executive Chef at the Headquarters for Hershey Foods.

Location: Owl Hill Bistro (Crossings) at Landis Homes

Enrollment Limit: 20

Fee: \$37 member/\$49 non-member
(includes \$25 fee for supplies & ingredients)

LH115

WHY CAN'T THEY UNDERSTAND: CROSS-CULTURAL (MIS) COMMUNICATION (2 SESSIONS)

Course Topic: Contemporary Issues

Wednesdays, October 9 and 16 | 1:00 - 3:00 pm

Description: We know how we learn, but what happens when it seems that others aren't learning the same way we do? This course will examine value differences and cross-cultural case studies to understand the global nature of intelligence and offer strategies for working with friends from different cultures with varied learning styles.

Instructor: Judith Lingenfelter was professor of Intercultural Education at Biola University in La Mirada, CA. She conducted doctoral research in cross-cultural education on an island in Micronesia that she first encountered when her husband, Sherwood, was doing fieldwork there. Together with her husband, they have spent 40+ years working with missionaries on cross-cultural issues.

Fee: \$12 member/\$24 non-member

LH116

SO, WHAT IS AN ANABAPTIST ANYWAY? ESSENTIALS OF THE FAITH (3 SESSIONS)

Course Topic: Religion

**Thursdays, October 10, 17, and 24 |
10:00 - 11:30 am**

Description: Since its start 500 years ago, the Anabaptist branch of the Protestant Christian Reformation has continued to offer hope to faith communities that desire to reflect peacemaking and the Gospel of Jesus. This course will explore the essential values and core convictions that supported the movement from the beginning and informs many Anabaptist followers of Jesus today. Join us to see if you are swimming in the Anabaptist stream.

Instructor: Verle Brubaker, MDiv, has served a wide variety of Anabaptist churches for his 50+ years of ministry. In rural and urban areas, his service has been to small churches as well as multi-staff churches, including a transitional pastorate. He and his wife, Maralee, have two sons and one grandson. Verle is ordained by Atlantic Coast Conference of Mennonite Church USA.

Fee: \$16 member/\$32 non-member

LH117

NAVIGATING FAKE NEWS: HOW TO DEVELOP INFORMATION LITERACY

Course Topic: Contemporary Issues

Thursday, October 10 | 1:00 - 2:15 pm

Description: Where can we find trustworthy information? What is credible on social media? How do I know whether this photo or that video is real? The instructor will offer guidance on how to acquire and practice information literacy, an essential skill for responsible citizens in today's diverse and dizzying media landscape. This course will help us develop, sharpen, and refine our ability to sort fact from fiction.

Instructor: Michael J. Schroeder is professor emeritus of history at Lebanon Valley College in Annville, PA, and co-author of the widely used college textbook *The Twentieth Century and Beyond* (McGraw-Hill, 2007). A specialist in Nicaraguan history, he is also intimately involved in community work related to watershed issues, historic preservation, and racial justice with the Lebanon County branch of the National Association for the Advancement of Colored People (NAACP).

Fee: \$12 member/\$24 non-member

LH118

THE OSAGE INDIAN MURDERS OF THE 1920s

Course Topic: History

Tuesday, October 15 | 1:30 - 3:00 pm

Description: This course discusses the events depicted in the movie, "Killers of the Flower Moon," based on David Grann's book of the same name, in which tribal members of the Osage Nation in Oklahoma were murdered as part of a plot to deprive them of their oil wealth. The book describes the structural discrimination and government complicity against Native Americans which enabled the conspiracy, as well as the investigation and prosecution that led to the development of the

modern FBI. For a variety of reasons, these crimes – and their outcome – reflected the symbolic end of Wild West lawlessness. The course will explore this story and its resolution.

Instructor: Robert Power is a retired professor from Widener Commonwealth Law School. He taught primarily in the areas of Constitutional Law and Criminal Law. He has also written extensively on American history, focusing on the period after 1900. Prior to teaching, he served as a federal prosecutor and in private law practice. He serves on the Curriculum Committee for Pathways Institute at Landis Homes.

Fee: \$12 member/\$24 non-member

LH119

"E PLURIBUS UNUM": HOW IMMIGRATION MADE THE UNITED STATES

Course Topic: Contemporary Issues

Wednesday, October 16 | 10:30 - 12:00 noon

Description: This program steps back from recent controversies to take a broad, non-partisan look at the history of immigration to the United States. From the indentured servants of the colonial era and the peasants of 19th century Europe to the war refugees and high-tech entrepreneurs of today, seekers of freedom and economic opportunity have been drawn to America for more than 300 years. Collectively, they forged the unique sense of identity which is idealized – if not always honored – in the nation's official motto, *E Pluribus Unum*: "Out of many, one."

Instructor: John Maietta is a retired Army officer, lifelong history enthusiast, and long-time instructor with Pathways Institute. In 2014 he received a master's degree in applied history from Shippensburg University. He later taught world history at Shippensburg and at York College. In the wider community, John is a popular presenter of cultural and historical programs at libraries, retirement centers, and other adult learning venues across the region.

Fee: \$12 member/\$24 non-member

LH120

POETS OF ROCK & ROLL (2 SESSIONS)

Course Topic: Culture, Arts, Music

Thursdays, October 17 and 24 | 1:00 - 3:00 pm

Description: In our spring Rock & Roll course, the lyrics of many songs emerged from memory banks and evoked our youth consciousness and times past. This term, in two sessions we will listen to, and be moved by, some amazingly beautiful rock songs. We will look closely at the poetry of the lyrics and the power of words anchored to the memorable music of artists like Joni Mitchell, Jackson Browne, Paul Simon, Carole King, Bruce Springsteen, James Taylor, Janis Ian, and more.

Instructor: Roger Godin, PhD, taught film and media studies at Franklin & Marshall College for 10+ years and has spent 50 years studying film history and analysis. He also loves all kinds of music, especially rock & roll and the amazing songs of the Great American Songbook.

Fee: \$12 member/\$24 non-member

LH121

A CRITICAL HISTORY OF AMERICAN JOURNALISM (3 SESSIONS)

Course Topic: History

**Fridays, October 18, 25, and
November 1 | 10:00 am - 12:00 noon**

Description: This course encourages learners to engage in critical thinking as they consider the inventions, events, and people that have shaped and influenced American journalism from colonial times to the present. We'll consider the impact of technical, economic, political, and cultural developments as we examine what "freedom of the press" and "the truth" have meant in American society from the Age of Jefferson to the Age of the Internet, including an examination of the impact of social media and venture capitalists on serious journalism in America today.

Instructor: Mark Kelley was a broadcast news reporter, producer, and TV anchor for 25 years. He holds a PhD from Syracuse University and has taught journalism/mass communications at Syracuse University and at the University of Maine. Among other works, he is the author of *Engaging News Media* (2006) and *An Uncommon Woman: The Life of Lydia Hamilton Smith* (2022). He lives in Lancaster with his wife, Marty.

Fee: \$16 member/\$32 non-member

LH122

TERRORISM: THREATS TO THE US

Course Topic: Contemporary Issues

Tuesday, October 22 | 10:00 am - 12:00 noon

Description: This course will discuss the latest estimates of domestic and international terrorist organizations, and the threats to the US. It will include the definitions of terrorism, the goals of each group, their leadership, how they are funded, and recent activities. It will also address how intelligence and law enforcement agencies cooperate in counter-terrorism operations.

Instructor: John Ricca is a weapons of mass destruction (WMD) and counter-terrorism analyst for homeland security and national defense. He has a master's degree, has completed more than two dozen technical courses in WMD sciences, and currently serves on-call as a senior technical advisor to the federal government.

Fee: \$12 member/\$24 non-member

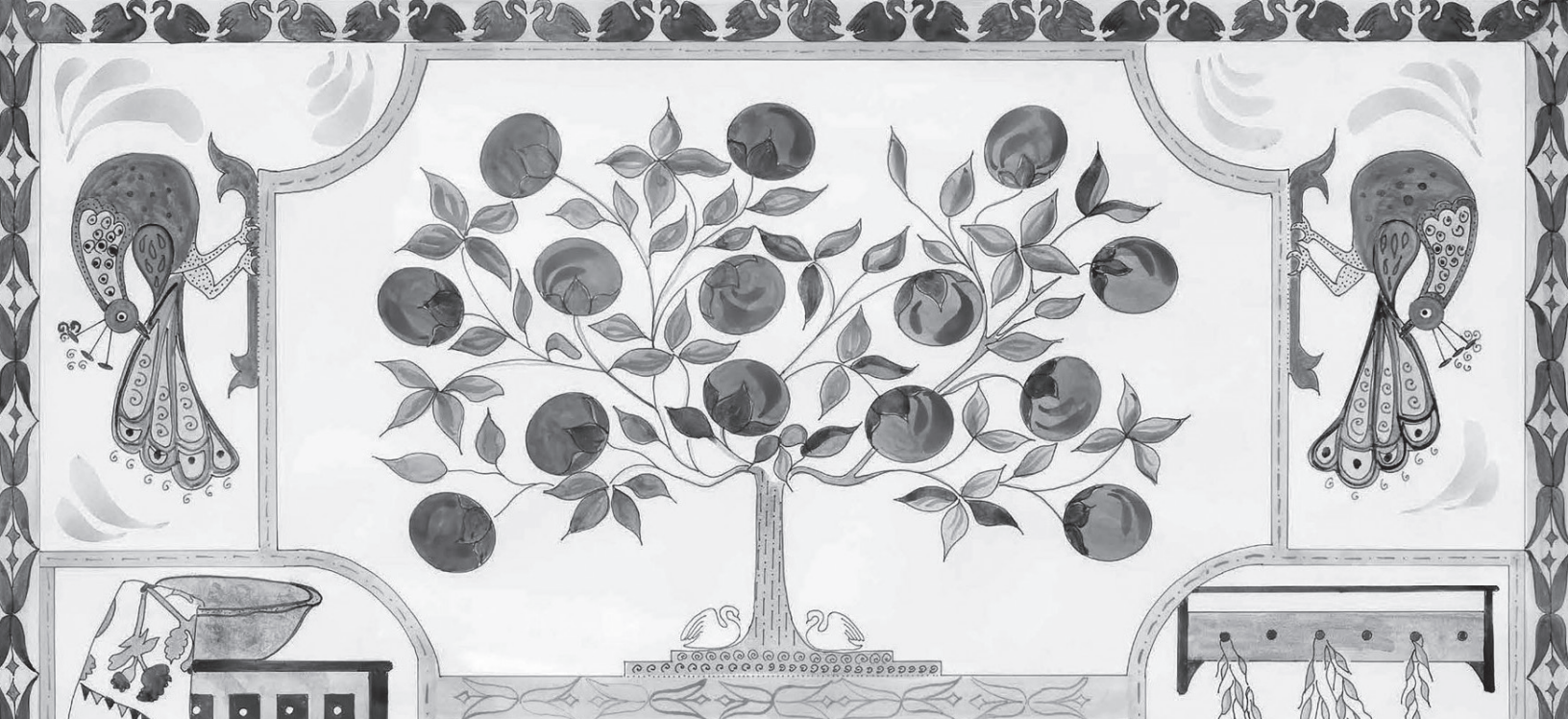
LH123

US NATIONAL SECURITY ISSUES: UPDATE

Course Topic: Contemporary Issues

Tuesday, October 22 | 1:00 - 3:00 pm

Description: This course will discuss the latest threats to the US and its Allies from adversary nations, current US policies, and ongoing actions to ensure national security.



Instructor: John Ricca is a weapons of mass destruction (WMD) and counter-terrorism analyst for homeland security and national defense. He has a master's degree, has completed more than two dozen technical courses in WMD sciences, and currently serves on-call as a senior technical advisor to the federal government.

Fee: \$12 member/\$24 non-member

LH124

"WE WOULD SEE JESUS": IMAGERY AND PERPLEXITY IN THE EARLY CHURCH

Course Topic: Religion

Wednesday, October 30 | 1:00 - 3:00 pm

Description: In the first centuries of Christianity, debates raged about how and whether to create images of God and Christ. Some converts came from cultures in which religious images were forbidden; others grew up surrounded by paintings and statues of gods, so the challenges were many. We'll explore the areas of contention, with special emphasis on how visual images – or the lack of them – defined, interpreted, promoted, and disputed Christian points of view.

Instructor: Susanna Bede Caroselli, PhD, is an art historian who has been a curator, editor, and professor at the NYC Frick Collection of Art, Detroit Institute of Arts, LA County Museum of Art, and at Yale and Messiah Universities. She is the author of three books and many articles on medieval and Renaissance art and architecture.

Fee: \$12 member/\$24 non-member

LH125

MY SPIRITUAL JOURNEY WITH FRAKTUR, PENNSYLVANIA GERMAN FOLK ART

Course Topic: Culture, Arts, Music

Thursday, October 31 | 10:00 - 11:30 am

Description: Join instructor Lynn Sommer for a tour of the mystical art of fraktur. We will examine this Pennsylvania German Folk art tradition of illuminated texts from the 18th century to the present. Together we will explore early fraktur applications, the influence of fraktur in Mennonite communities, and Lynn's personal journey with painting fraktur. Learn how music has been an integral part of fraktur since the Ephrata Cloister community. Hymns are woven into many of Lynn's own fraktur designs, cards of which will be available for sale.

Instructor: **Lynn Sommer** is a fraktur artist based in Lancaster County. Growing up in a small Swiss Mennonite community in Ohio, her parents filled their home with traditional hymns as well as traditional folk-art motifs. These motifs were found in their fraktur, quilts, stenciled walls, and painted furniture. Consequently, she found herself drawn to the traditional arts and music of her heritage.

Fee: \$12 member/\$24 non-member

LH126

INSPIRING MOVIE HEROES (4 SESSIONS)

Course Topic: Culture, Arts, Music

**Thursdays, October 31,
November 7, 14, and 21 | 1:00 - 3:00 pm**

Description: This course draws from the American Film Institute (AFI) list of top heroes in great American films that inspired us to be better. That list includes men, women, a cyborg, and an animal. The AFI defined a hero/heroine as “a character who prevails in extreme circumstances and dramatizes a sense of morality, courage, and purpose; though ambiguous or flawed, they often sacrifice themselves to show humanity at its best.” We will be moved and uplifted as we watch 50 movie clips during four course sessions and examine the heroic actions and decisions of these inspirational characters.

Instructor: **Roger Godin**, PhD, taught film and media studies at Franklin & Marshall College for 10+ years and has spent 50 years studying film history and analysis. Although his passion for film is widely inclusive, his first love remains the artistic and creative development of the American Film industry.

Fee: \$16 member/\$32 non-member

LH127

EVERYTHING YOU EVER WANTED TO KNOW ABOUT MUSIC HISTORY IN ONE BRIEF SESSION

Course Topic: Culture, Arts, Music

Monday, November 4 | 10:00 am - 12:00 noon

Description: You could take several semesters of college courses in Music History, such as Professor Running has taught, OR simply sign up for this single session, and just learn the most important stuff. It’s a lot cheaper, and, with any luck, you will find this course to be way more enjoyable. Learn over 2,000 years of music history the fast and easy way. There will be only one test question at the end of class, and, if you don’t fall asleep, you can’t possibly fail the class.

Instructor: **Dr. Tim Running** has conducted orchestras in Minnesota; Boulder, CO; Fargo, ND; and at Kutztown University, where he was a professor of music for 26 years. Tim is a former member of the United States Army Band in Washington, D.C. He lives in Lititz with his wife, Ann, and three dogs.

Fee: \$12 member/\$24 non-member

LH128

END GERRYMANDERING: A FAIR DISTRICTS PA UPDATE

Course Topic: Contemporary Issues

Wednesday, November 6 | 1:00 – 2:30 pm

Description: Fair Districts PA is a nonpartisan organization that advocates for the importance of creating fair legislative districts and mapping out a redistricting process that represents all the people of Pennsylvania. Gerrymandered districts allow partisan politicians and outside interests – not voters – to determine the majority party in Harrisburg. This impartial course will cover the current redistricting process, discuss the problems it causes, offer an independent solution, and review ways you can help promote fair districts.

Instructor: Tony Crocamo is a volunteer with Fair Districts PA, which seeks to make Pennsylvania's redistricting process impartial, transparent, and accountable. Following a 30-year career in marketing, Tony has been with Fair Districts PA since 2016, presenting educational programs and training on how to speak to state legislators. Tony and Christine, his wife, live in Lancaster County.

Fee: \$12 member/\$24 non-member

LH129

WALKING THE SHIKOKU PILGRIMAGE IN JAPAN: 88 TEMPLES, 750 MILES, AND 7 WEEKS

Course Topic: Religion

Tuesday, November 12 | 1:30 - 3:00 pm

Description: The Shikoku religious pilgrimage visits 88 temples and numerous other sacred sites of 9th century Buddhism in a circuit of 750 miles. International and Japanese pilgrims known as *henro* are welcomed by the mostly aging population of Shikoku, the smallest of Japan's four main islands. Pilgrims receive *osettai*, or generous hospitality, along the way. Each person has their own motivation for the pilgrimage: spiritual insight, prayers for healing, and connection with nature. Instructor Ruth Kanagy wanted to delve into Japanese history and religion, challenge herself physically, and interact with ordinary people in rural Japan.

Instructor: Ruth Kanagy, PhD, is the author of *Moon Living Abroad: Japan* (4th edition, 2017). Born and raised in Japan of Mennonite missionary parents, she taught Japanese and English at universities in the US and Japan, and then became a bicycle travel consultant. After living in Oregon for 28 years, she moved to Lancaster to be closer to family. She recently walked and biked this pilgrimage in Japan.

Fee: \$12 member/\$24 non-member

LH130

ETERNAL TOURISM: THE SEVEN WONDERS OF THE ANCIENT WORLD

Course Topic: Culture, Arts, Music

Wednesday, November 13 | 1:30 - 3:00 pm

Description: Even if we can't recite all the Seven Wonders today, we remember learning about them in school. One of them, the Great Pyramid in Egypt, still survives intact. Surprisingly, parts of four other "wonders" are still around (including waterspouts from the great Temple of Zeus and statues that once adorned the Mausoleum at Halicarnassus). We'll look at those physical remnants as we explore a broader theme: the lasting impact of ancient monuments on language, the arts, and popular culture.

Instructor: John Maietta is a retired Army officer, lifelong history enthusiast, and long-time instructor with Pathways Institute. In 2014 he received a master's degree in applied history from Shippensburg University. He later taught world history at Shippensburg and at York College. In the wider community, John is a popular presenter of cultural and historical programs at libraries, retirement centers, and other adult learning venues across the region.

Fee: \$12 member/\$24 non-member

LH131

WALKING EACH OTHER HOME: PREPARING FOR END-OF-LIFE

Course Topic: Lifestyle and Wellness

Thursday, November 14 | 9:30 - 11:30 am

Description: Elizabeth Kubler-Ross writes, “Dying is an integral part of life, as natural and predictable as being born.” Learn from two experienced clergy and end-of-life doulas whose calling is to accompany people in the late stage of life. Hear stories that can inform end-of-life planning for you or a loved one. Learn about creating your legacy, making the most out of relationships, preparing for your death, and envisioning your memorial service. Discover the joy, freedom, and meaning that come from planning and preparing for the end of your life. Your family and friends will also thank you for this gift.

Instructors: **Miriam Book** is an end-of-life doula, a retired administrator, and a trained pastor with extensive experience in multiple congregations. She is currently on the Pastoral Care team in her local congregation. Miriam has served on multiple boards, local and national, and now serves on the Landis Homes board. She and her spouse, James Lapp, reside at Landis Homes.

Anne Kaufman Weaver, MDiv, MSW, is director of pastoral services at Landis Homes, an end-of-life doula, and a leadership coach. She has served on numerous non-profit boards in the broader community and worships at James Street Mennonite Church. Married to Todd, they have three young adult children. Both sets of parents live at Landis Homes.

Fee: \$12 member/\$24 non-member

LH132

CULTURE IN THE BIBLE: NEAR EAST SOCIETIES AND THE HEBREW OLD TESTAMENT (2 SESSIONS)

Course Topic: Religion

**Fridays, November 15 and 22 |
10:00 am - 12:00 noon**

Description: Language, writing, and stories in the Bible provide evidence of how people understood and explained their worlds, and how they expressed their beliefs in sacrifice, song, and scripture. The first session, “Innovation in Energy and Technology: from Cain and Abel to Saul and David,” illustrates how the biblical stories shed light on the economic history of Near Eastern peoples. The second session, “Kinship, Warfare, and Social Power: from Abraham the Nomad to Saul the King,” examines how biblical history and warfare of the Hebrew people give us concrete insights into socio-political change in the Near East.

Instructor: **Dr. Sherwood Lingenfelter** served as faculty at SUNY Brockport, 1969-1983; at Biola University, 1983-1999; and at Fuller Theological Seminary as Senior Professor of Anthropology 1999-2019. He was also an international consultant for Wycliffe/SIL International. Sherwood is the author of numerous books on anthropology and mission. He and his wife, Judith, live at Landis Homes.

Fee: \$12 member/\$24 non-member



LH133

CONTINUING THE LEGACY OF LANCASTER ARCHITECT C. EMLÉN URBAN (4 SESSIONS)

Course Topic: History

**Mondays, November 18, 25,
December 2 and 9 | 10:00 am – 12:00 noon**

Description: One architect defined and designed Lancaster City from 1885 to 1935 with 600+ commissions. Instructor **Gregg Scott** discusses 20 of Urban's architectural masterpieces which left an indelible imprint on the City of Lancaster, based on the ground-breaking biography that Gregg wrote over seven years of research, *Urban Legend: The Life and Legacy of C. Emlen Urban*. For those who treasure history and love the City of Lancaster, this course covers new material from the spring.

Instructor: Gregory J. Scott is an architect, author, educator, and public speaker. He is a member of the College of Fellows in the American Institute of Architects and partner emeritus and co-founder of RLPS Architects. He shares his expertise through an ongoing architectural column in Lancaster Newspapers and as an architectural correspondent for the Lancaster NBC affiliate WGAL. Gregg

has been honored twice with the Journalist and Educator Award presented by the Historic Preservation Trust of Lancaster County. Gregg and his spouse, Terri, reside in Northeast Harbor, ME and in Lancaster, PA.

Fee: \$16 member/\$32 non-member

LH134

CANDY BARS AND BASEBALL: KLEIN CHOCOLATE COMPANY'S 1919 TEAM

Course Topic: History

Monday, November 18, 1:30 - 3:00 pm

Description: Klein chocolatiers of Elizabethtown, PA, were looking to expand their company after World War I. Facing competition from Hersey's Chocolate (where Bill and Fred Klein had trained), and looking to gain regional notoriety, they started an independent, highly competitive professional baseball team. The successful 1919 team went on to play the best of the Negro league teams, and against major league baseball teams, beating seven of them and only losing twice. Come hear the story of this remarkable local 1919 baseball team.

Instructor: Fran Strouse, with his wife, Gina, is a long-time resident of Lancaster County. A former board member of the Elizabethtown Historical Society, Fran compiled a history of the Klein Chocolate Professional Baseball Team and shared this with the Baseball Hall of Fame in Cooperstown and with the Baseball Writers of America. Fran has coached or played baseball or softball all his life at every level except professional.

Fee: \$12 member/\$24 non-member

LH135

MILTON HERSHEY - THE MAN BEHIND THE CHOCOLATE BAR

Course Topic: History

Tuesday, November 19 | 10:00 – 11:30 am

Description: When people hear the name Milton Hershey, their thoughts usually go to that wonderful Hershey's chocolate bar. But it was only one part of Hershey's incredible story. In this course, Craig will share with you the story of his hometown, Hershey, PA, and the man behind it. You will see how Milton's childhood influenced him later in life, the setbacks he had to overcome in his early business endeavors, the story behind his decision to make the chocolate bar, the extraordinary story behind the town he created for his factory workers, as well as his enduring legacy, the Milton Hershey School.

Instructor: Craig Porterfield grew up in Hershey, Pennsylvania, and is a graduate of Messiah University. For a number of years, he was a Historical Conductor at Hershey Trolley Works where he combined his passions of history and storytelling to introduce people to his hometown and the inspiring account of the man who built it.

Fee: \$12 member/\$24 non-member

LH136

HOW TO AVOID IMPOSTER AND ROMANCE SCAMS: DON'T TAKE THE BAIT!

Course Topic: Contemporary Issues

Tuesday, December 3 | 10:30 am - 12:00 pm

Description: Imposters are everywhere these days, and they are after YOUR money. Consumers need to stay informed about current frauds and scams. Imposters may impersonate loved ones or agencies. In addition to government, investment, business and lottery scams, romance scams are more prevalent than ever. Hear AARP staff member, Kate Kleinert, tell her dating scam story and offer warnings. Mary Bach will share updates, tips, and practical information to avoid being conned.

Instructor: Mary Bach is a nationally recognized Consumer Advocate, and the volunteer chair of the AARP Consumer Issues Task Force. She has been interviewed numerous times on television, radio, and in print about fraud and scams. Mary is a popular presenter at local, national, and international conferences. She appears on the second Tuesday, monthly, on GoodDayPA, ABC27, Harrisburg, on the FraudWatch segment.

Fee: \$12 member/\$24 non-member

Off-Site Excursions

Important Information

1. Fees must be paid two weeks prior to the day of the excursion. No refunds can be made after this time.
2. The start time for excursions is the time when the bus will leave from the main entrance of Crossings at Landis Homes. The end time is the approximate time when the group is expected to return to Landis Homes.
3. Please contact the Pathways Institute office if you use medical equipment and/or need any accommodation for your mobility needs before registering for an excursion(s).

LH301

UNDERGROUND RAILROAD TRIP TO YORK (WITH SITES IN MARIETTA AND DONEGAL)

Wednesday, September 18 | 8:15 am – 3:30 pm

Description: This excursion will travel to the William C. Goodridge Freedom Center and Underground Railroad Museum in York, PA, to learn about this Black entrepreneur and businessman who aided freedom-seeking enslaved Africans. We will also visit the newly re-opened York History Center to see some of their underground railroad artifacts. Then we will adjourn to Columbia Crossing Center overlooking the Susquehanna for a catered soul food lunch (included) while we learn about the importance of the river crossing for freedom seekers. Returning, we will drive by significant historic abolition sites in Marietta and its environs, stopping at an actual preserved station-master's house in Donegal.

Instructor: **Daniel Ness** is a historian and underground railroad researcher. He has been leading tours for the past 25 years. Daniel authored the book, *By Moonlight to Freedom, Underground: People, Places and Activities of the Underground Railroad, Lancaster County, PA* (2022). He and his wife, Mary Ellen, live at Landis Homes.

Location: The bus leaves for York from Crossings main entrance at Landis Homes promptly at 8:15 am.

Enrollment Limit: 28

Fees: \$75 member/\$91 non-member (includes transportation, catered lunch, guide, and fees)

Special Notes: Expect about two hours of walking and standing. The second floor of the museum is not ADA-accessible.

LH302

KAUFFMAN ORCHARDS TOUR AND TALK

Wednesday, October 2 | 12:30 – 3:30 pm

Description: Join us for a tour of Kauffman's Orchards and their market at Bird-in-Hand. View some of their 30,000 fruit trees, try your hand at picking apples, sample some of their award-winning cider, and watch their cider processing. Learn about how their fruit-growing methods have evolved over the years to focus on soil and plant health, nutrient density, reducing pesticide use, and cooperating with and conserving nature.

Instructor: **Clair Kauffman** is the 4th generation orchard manager of this 100+ year old family orchard business.

Location: The bus leaves from Crossings main entrance at Landis Homes promptly at 12:30 pm.

Enrollment Limit: 28

Fees: \$30 member/\$46 nonmember (includes transportation and guide)

Special Notes: Expect about 1.5 hours of walking and standing. Tour is not ADA-accessible.

LH303

HARRISBURG HISTORY AND ART TOUR

Tuesday, October 29 | 8:30 am - 4:00 pm

Description: Highlights of our tour with Harrisburg historian David Morrison will include guided narration of the 200-year-old mansions of “Governors Row,” where several Antebellum governors lived, as well as a stop at “Art of the State,” the special juried exhibit that helps us learn about Pennsylvania through its artists and craftspeople. Lunch (included) will be in a private room overlooking the Susquehanna River at Duke’s Riverside Café. In the afternoon we will view quaint historic districts and Harrisburg’s renowned Front Street mansions, with a tour of either the John Harris–Simon Cameron Mansion, a National Historic Landmark, or the current Pennsylvania Governor’s Residence (subject to scheduling).

Instructor: **David J. Morrison**, executive director of the Historic Harrisburg Association, has been involved with the organization in various capacities since 1986. David has been a leader in Pennsylvania governmental, educational, and non-profit affairs for more than 40 years.

Location: The bus leaves for Harrisburg from Crossings main entrance at Landis Homes promptly at 8:30 am.

Enrollment Limit: 28

Fees: \$79 member/\$95 non-member (includes transportation, admissions, guide, and lunch)

Special Notes: The tour is ADA accessible. Expect about a total of about two hours of walking and standing.

LH304

AMISH QUILTS TOUR: HISTORIC AND MODERN MASTERPIECES

Friday, November 8 | 8:30 am – 1:00 pm

Description: We will visit Lancaster History in the city of Lancaster for a Quilt Turning with curator and art historian, Gloria Mast. She will bring out selected examples from the treasured Esprit collection of antique Amish quilts, normally kept in storage. She will describe the historical, cultural, and artistic significance of Amish quilts with their bold, color-saturated patterns. Then you will have about an hour to browse the Lancaster History grounds and other museum displays. Afterward we will travel to Rachel’s quilt shop near New Holland to hear from this Amish businesswoman about her quilt making, designs, and modern masterpieces. The trip includes a midway stop for soft pretzels and ice cream (not included in registration fees).

Instructor: **Gloria Mast**, MA, has her degree in art history with personal and professional expertise in Amish quilts. **Beth Graybill**, PhD, completed her dissertation with Amish businesswomen, many of them quilt shop owners. She has been researching, writing and tour-guiding with the Amish for the last 20 years.

Location: The bus leaves for Lancaster from Crossings main entrance at Landis Homes promptly at 8:30 am.

Enrollment Limit: 28

Fees: \$46 member/\$62 nonmember (includes transportation, museum admission and guide)

Special Notes: The museum and the shop are both ADA accessible. Expect about a total of one and a half hours of walking and standing.

Service-Learning Opportunities

There is no fee for service-learning opportunities. For more information on the opportunities below, please contact the Pathways Institute office.

LH401

VOLUNTEER WITH CWS TO WELCOME NEW NEIGHBORS

Join Church World Service (CWS) in creating a safe place for our new refugee neighbors to call home. CWS welcomes refugees from around the world through connecting new neighbors to housing, jobs, English classes, legal support, and other services. CWS volunteers can get involved in supporting new neighbors in tutoring, transportation support, friendship, neighborhood orientation, providing welcome meals, and more. Volunteers go through a background check process to protect our clients' safety.

Please contact Chloe Corkery at ccorkery@cwsglobal.org to learn more.

LH402

VOLUNTEER WITH SCORE TO HELP BUILD LOCAL SMALL BUSINESSES

Join SCORE as a volunteer mentor to business entrepreneurs in the local Lancaster community, including in the nonprofit sector. Use your expertise and experience to make a meaningful difference in the life of a small businessperson or an aspiring entrepreneur. Know the satisfaction of helping a local community member achieve their goals.



Information is available at: score.org/lancaster-lebanon

Please contact Bob Thomas at bob.thomas@scorevolunteer.org to learn more.

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VOLUNTEER WITH PATHWAYS INSTITUTE


Pathways Institute relies upon the knowledge and abilities of volunteers for many facets of the program. You can teach a course, help at events, serve as a class host, or help guide a field trip. Our volunteer opportunities provide personal enrichment and help enhance the quality of life for program participants. Call the office at 717.381.3577 or email pathways@landis.org to express your interest.



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 Pathways Institute for Lifelong Learning

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