

SPRING

2017 CATALOG



Lifelong Learning Courses,
Excursions, & Service Projects
for Adults 55+ in the Capital Region.

TABLE OF CONTENTS

DIRECTOR'S WELCOME	1
PURPOSE/MISSION	2
MEMBERSHIP	2-3
REGISTRATION	3
PROCEDURES	3-5
DIRECTIONS	6
COURSES & EVENTS BY TOPIC (MARCH 1 – MAY 26)	7-18
History & Culture	7-9
Local History	9-11
Current Topics & Discussions	11-12
Literature	13
Nature & Science	13-14
Religion	15
Music & Fine Arts	15-16
General Interests & Hobbies	17
Wellness & Personal Development	17-18
SPECIAL EVENT	19
Piano Recital Featuring Dr. Charles Seifert	19
SERVICE PROJECTS	19
Tabitha's – Making Hats & Scarves for Others in Need!	19
Newborn Kits for MCC: Infant Gowns	19
INSTRUCTOR BIOGRAPHIES	20-23
REGISTRATION FORM	24-25
SPRING 2017 FEE SCHEDULE	26

> TABLE OF
CONTENTS

> DIRECTOR'S
WELCOME

DIRECTOR'S WELCOME

Thank you for your interest in the Pathways Institute for Lifelong Learning®!

The Pathways Institute provides adults age 55 & better with educational & lifelong learning opportunities in an environment conducive to discussion and sharing.

We welcome you to enroll in the exciting spring 2017 classes and events and look forward to providing you with many new & enriching learning opportunities!



Susan J. Stauffer, Director

REGISTRATION AND ENROLLMENT
FORMS ARE LOCATED AT THE
BACK OF THE CATALOG >

PURPOSE/MISSION



PATHWAYS INSTITUTE FOR LIFELONG LEARNING MISSION AND PURPOSE

The mission of the Pathways Institute for Lifelong Learning® is to foster with persons 55+ a quest for lifelong learning that enriches the mind and spirit to pursue wisdom, service, and understanding.

Recognizing that older adults have much to celebrate, discover, and share, the Pathways Institute for Lifelong Learning was established by Messiah Lifeways to find meaningful use of their talents and abilities. The Pathways Institute provides older adults with opportunities to engage in mental, cultural and spiritual activities promoting their wellness. In pursuit of Lifelong Learning, the Institute focuses on three key components:

- Personal Development Path – Promotes continued learning opportunities, personal enhancement, and spiritual growth
- Service Path – Provides venues for seniors to share their knowledge, beliefs, and life experiences with others
- Legacy/Sharing Path – Fosters generativity of older adults through opportunities to pass on wit and wisdom for future generations



MESSIAH LIFEWAYS MISSION

The Mission of Messiah Lifeways is to “responsibly enhance the lives of older adults with Christ-like love.” Messiah Lifeways’ dream is to inspire everyone 55 and better to more fully embrace life. To not fear growing older, but to re-imagine the journey of aging as a time of purpose, zest, and faith-filled living.

- > PURPOSE/MISSION
- > MEMBERSHIP

MEMBERSHIP

Membership in the Pathways Institute for Lifelong Learning is open to all adults age 55 and better residing in the Capital Region. Members must pay a membership fee ranging from \$75 to \$100 per term (see spring 2017 fee schedule). This fee allows members to attend Pathways Institute classes and special cultural events, and to participate in service learning and legacy sharing opportunities.

An alternate registration option is available to persons wishing to register individually at a cost of \$25 per course.

A few special events may require an additional fee; however, these amounts are generally discounted for groups of Pathways Institute members. Other costs not included in Pathways membership are books, transportation for field trips, supplies, and meals.

OTHER PATHWAYS INSTITUTE FOR LIFELONG LEARNING MEMBERSHIP BENEFITS:

- On Pathways class days, members receive a 10% discount at the Fireside Grille by showing their Pathways Institute membership card.
- Five free cups of coffee or tea to enjoy during classes! Just stop by the Paxton Street Coffee Shop or Bailey Street to redeem your coupons.
- Information about special events and seminars of Messiah Lifeways and partnering organizations
- Invitations and group discounts to special events and seminars
- Use of Messiah College’s Murray Library with borrowing privileges at no cost
- Option to attend/sit in on Messiah College courses. If interested in attending Messiah College courses as a Pathways Institute member, please contact the Pathways Institute Director for details.

PATHWAYS INSTITUTE FOR LIFELONG LEARNING MEMBERSHIP CARDS

Pathways Institute for Lifelong Learning membership cards will be issued following receipt of your membership application. The Pathways Institute card must be shown to obtain a borrowing card at Messiah College's Murray Library and to receive the Fireside Grille discount on class days.

REGISTRATION

SPRING 2017 TERM REGISTRATION DATES

- January 24, 2017 – Registration Begins
- March 1, 2017 – First day of classes & events
- May 26, 2017 – Final day of classes & events

Membership and registration forms for the spring 2017 term will be accepted beginning January 24, 2017 through March 1, 2017 (or later until classes are filled).

Membership and registration forms can be mailed or delivered directly to the Pathways Institute office at the address designated below, Monday through Friday from 8:00 a.m. to 4:00 p.m.

Please complete all sections and use a separate form for each person.

- An invoice will then be issued to you through the mail stating the amount due and confirming classes in which you are registered.
- Payment is due within two weeks after you receive your invoice and can be made by check, cash, or money order to:

MESSIAH LIFEWAYS AT MESSIAH VILLAGE

MAIL TO:

Pathways Institute for Lifelong Learning
Messiah Lifeways
100 Mt. Allen Drive
Mechanicsburg, PA 17055

- > MEMBERSHIP
- > REGISTRATION
- > PROCEDURES

REGISTER ONLINE

You may also register for courses online. Please refer to the Pathways Institute catalog for complete details on courses and events. To register online and to view and print an electronic version of the Pathways Institute catalog along with all registration forms, please visit the Pathways website:

thepathwaysinstitute.org

- Once registered, an invoice will be issued to you through the mail stating the amount due and confirming classes in which you are enrolled.
- Payment is due within two weeks after you receive your invoice and can be made by check, cash, or money order to:

MESSIAH LIFEWAYS AT MESSIAH VILLAGE

- When registering online, please complete the registration process in its entirety. Your selections will not be recorded if you do not click the CHECK OUT button. Once you have registered successfully, you will receive an e-mail response promptly after checking out indicating that your registration has been received.

PROCEDURES

ATTENDANCE

Anyone enrolled who must cancel a course or event is asked to notify the Pathways Institute Coordinator as soon as possible so that someone else may attend. Also, if during a term a Pathways member wishes to attend a class for which he or she is not registered, please call to see if space is available. As unique needs and situations come up, they will be considered individually. Please discuss any questions with the Coordinator regarding registration and scheduling.

CANCELLATIONS AND DELAYS

In the event of inclement weather, Pathways members can call the main reception desk of Messiah Lifeways at 717.697.4666 or the Pathways Institute office at 717.591.7213, or send an e-mail to:

pathwayinquiry@thepathwaysinstitute.org

to inquire if a course or event will be canceled or delayed. Residents of Messiah Village can also check the campus TV channel (MVTV, channel 956, Wagner 78) for this information.

Please note that courses and events are also subject to change and/or cancellation for other reasons unrelated to weather. If this occurs, individuals who are enrolled will be informed promptly. If possible, the course or event will be rescheduled. Courses with ten or fewer enrollments may be canceled at the discretion of the instructor.

CLASSROOM LOCATIONS

For the spring 2017 Pathways Institute term, most courses will be held on the Messiah Village campus in one of the following locations:

- Community Room – Village Commons
- Compass Pointe Place – Village Center
- Galleria Room – Village Commons
- Messiah Village Chapel – Village Center
- Allegheny Hobby Room – Village Commons

Please refer to the Messiah Village campus map on the Pathways Institute web site for building locations and parking areas. Information about locations of special off-campus courses, cultural events, and field trips is included in course descriptions.

CONFERENCE CALLING OPTION

A conference calling option will be available to Pathways Institute members who are unable to attend a class for which they are registered. Anyone wishing to register for a Pathways course, but due to other circumstances is not physically able to attend, may also request this option by contacting the Pathways Institute Coordinator.

CONTACT INFORMATION

Announcements of special events, etc. are made by regular mail and e-mail, so please make certain to provide all of your contact information including your current e-mail address.

COURSE AND EVENT INFORMATION

The Pathways Institute provides a forum for education and lifelong learning through discussion and sharing in an open and objective environment. All opinions are welcome. Information presented in courses or events is provided for educational and enrichment purposes only, and is not representative of the Pathways Institute for Lifelong Learning or Messiah Lifeways.

Pathways Institute courses are non-degree courses. No credits are earned, no grades are assigned, and there are no tests or papers. The Pathways Institute for Lifelong Learning operates on a two-term system, offering classes and events during the spring and fall. Courses typically consist of 1-4 sessions.

DINING ACCOMMODATIONS

Pathways Institute members are encouraged to continue discussions from class and become better acquainted over lunch. The Fireside Grille (open 11:00 a.m. to 6:00 p.m. daily) is located in close proximity to where most classes are held. On class days, Pathways Institute members can receive a 10% discount by presenting their membership cards.

The Paxton Street shop is open from 9:00 a.m. – 3:00 p.m. and on class days opens earlier to serve coffee and tea to Pathways members on their way to class. Bailey Street is open from 7:00 a.m. – 3:00 p.m.

MEMBERSHIP
REGISTRATION
PROCEDURES

> PROCEDURES

FIELD TRIPS

Some courses and events include field trips such as visits to museums or historical sites. Pathways Institute members may sign up for transportation through Messiah Lifeways typically at a cost of \$6.00 to \$10.00 per person. In order to use Messiah Lifeways transportation for these trips, an *Acknowledgment Release & Waiver for Bus or Van Trips* must be signed at time of registration. All requests for disability accommodation must be made at time of registration.

GIFT CERTIFICATES

Gift certificates for Pathways Institute memberships are available at the Pathways Institute Office. Memberships are a great way to say "thanks" to a friend or to celebrate a special occasion!

INVITE A FRIEND

Inviting a friend to attend a course is one way members may share the Pathways Institute experience! Please contact the Pathways Institute office if you would like to bring a friend to class.

PARTNERSHIPS

Many special cultural events are offered through partnerships with a variety of organizations in the Capital Region.

REFUNDS

Refunds can be given up to the start of the spring term on March 1, 2017. After this date, every attempt will be made to work out other arrangements, such as taking another class, etc.

RELEASE FORMS

The following release forms are required in order to complete your registration:

- Acknowledgment, Release & Waiver for Bus or Van Trips
- Photography Release Form
- Emergency Contact information Form

These forms will be sent to you with your statement. Please complete, sign, date and return these forms with your payment.

SERVICE LEARNING

Pathways Institute members who are interested in service learning opportunities provided through Messiah College and other organizations should contact the Pathways Institute Coordinator at the Pathways Institute Office.

2016-2017 PATHWAYS INSTITUTE ADVISORY BOARD MEMBERS

Ms. Lenora Stern, Chair

Ms. Nancy Besch

Mr. Karl Brummer,
Vice President, Messiah Lifeways

Dr. Dorothy Gish

Dr. Raeann Hamon

Bishop Kenneth Hoke

Mr. Dale Laninga

Ms. Shirley Messick

Mr. Curt Stutzman,
President/CEO, Messiah Lifeways

Dr. Glenn Zehner

PATHWAYS INSTITUTE PROGRAM MANAGEMENT

Susan J. Stauffer, Director
Sharon Blouch, Coordinator

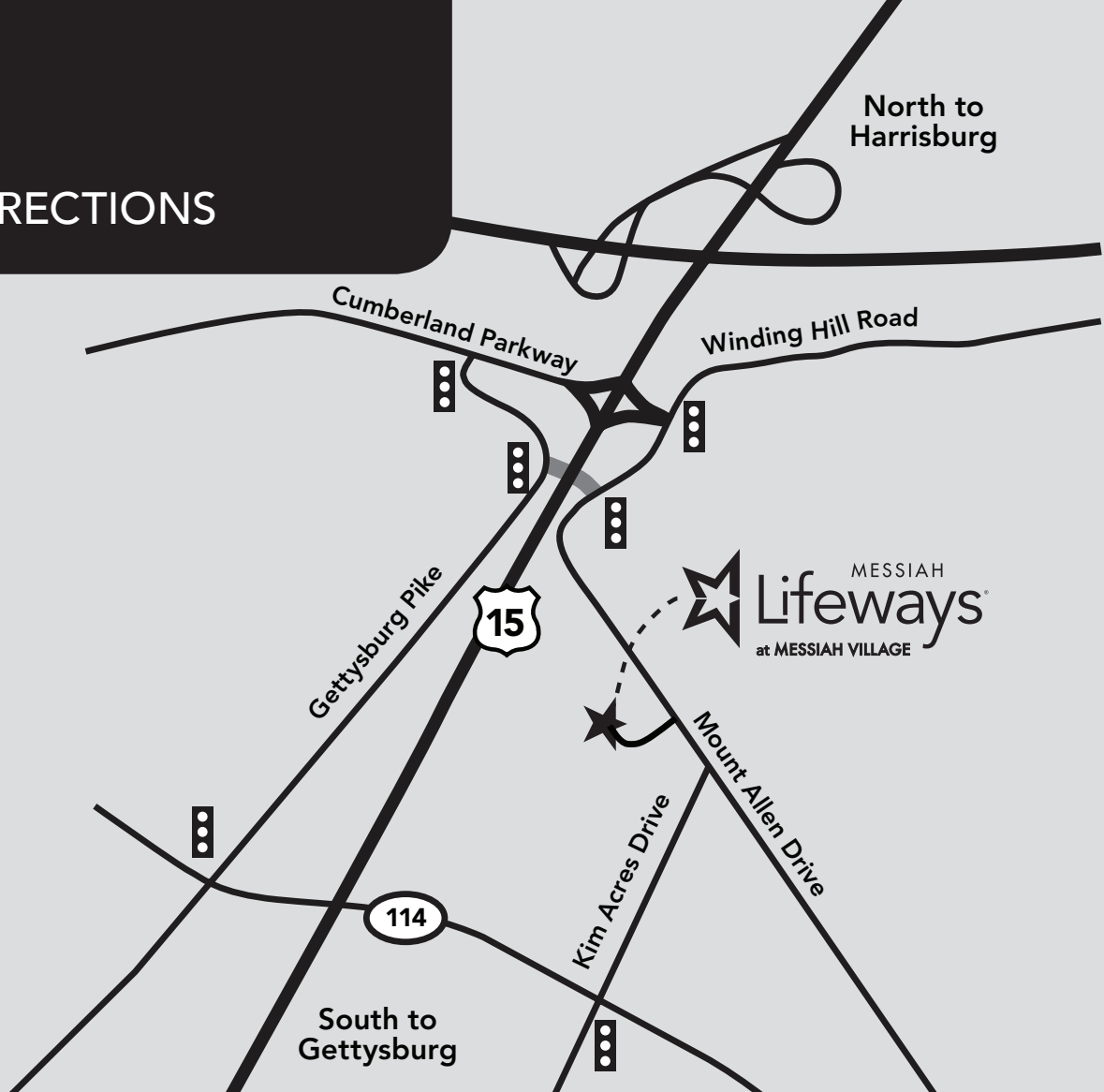
Pathways Institute for Lifelong Learning
Messiah Lifeways
100 Mt. Allen Drive
Mechanicsburg, PA 17055

Phone: 717.591.7213

Email: pathwayinquiry@thepathwaysinstitute.org

Fax: 717.790.8200

> DIRECTIONS



DIRECTIONS TO MESSIAH LIFEWAYS AT MESSIAH VILLAGE

FROM HARRISBURG

Take Interstate 83 South to Rt. 581 West then Rt. 15 South about 5 miles. From Rt. 15 South immediately after passing the Turnpike (US 76) entrance, exit onto the Cumberland Parkway/Winding Hill Road. Turn left at the first light, and then left at the next light. After crossing the bridge, turn right at the light onto Mt. Allen Drive. Messiah Village is a quarter-mile on the right.

100 Mt. Allen Drive | Mechanicsburg, PA 17055

Phone: 717.697.4666 | thepathwaysinstitute.org

MessiahLifeways.org (click on the Pathways Institute link)

FROM GETTYSBURG

From Rt. 15 North, proceed past the Mechanicsburg -Rte. 114 exit. Turn right at the next exit - Cumberland Parkway/Winding Hill Road. Turn right at the first light onto Mt. Allen Drive. Messiah Village is a quarter-mile on the right.

HISTORY & CULTURE

ML01

A "WALK ON THE WILD SIDE" AT LAKE LOUISE, ALBERTA, CANADA

Instructor: Mr. Stephen A. Runkle

Friday, March 3, 2017

1:00 p.m. – 3:00 p.m.

Community Room, Messiah Village

Enrollment Limit: 50

The presenter's favorite vacation activities are hiking and sightseeing in the Lake Louise area of the Canadian Rockies. During the summer of 2010, Steve and his wife, Janeann, made a trip to Lake Louise accompanied by church friends, Dick and Louise Henry. The Henrys are avid and accomplished sportsmen and photographers. This presentation chronicles two hikes at Lake Louise and a canoe excursion on Moraine Lake with photographs. The pictures show the area's spectacular alpine scenery, the lush vegetation and abundant wildlife, the glacial features, the history, and unique natural phenomenon. If you wish to take a "walk on the wild side of nature" with Steve, Janeann, and their friends, this will be your "cup of tea." Oh, by the way, teahouses are also featured.

ML02

A FLYER'S STORY

Instructor: Mr. Stephen A. Runkle

Friday, March 10, 2017

1:00 p.m. – 3:00 p.m.

Community Room, Messiah Village

Enrollment Limit: 50

Steve Runkle's favorite Uncle, Bill Riddleberger, had a remarkable military career both before and during World War II. Before the war, Uncle Bill enlisted as an U. S. Army Air Corps mechanic maintaining pre-war aircraft. When the war started, the requirement for a pilot to be a college graduate was dropped, and Bill was accepted in the Army Air Corp's pilot training

> COURSES & EVENTS BY TOPIC (MARCH 1 – MAY 26)

program. He made it through the rigorous training and became a B-24 co-pilot. On D-day, he arrived in England to join the 8th Air Force in their bombing missions over Europe. After 19 successful missions, Bill was shot down over the Rhine valley. Badly burned, he was treated in a German hospital and sent to a POW camp on the Baltic Sea. After liberation, he returned home to Lewistown, Pa. to start a new life. Then in 1992, Bill traveled to Europe and met the Germans who shot him down. This is Bill's story. (Note: An audio recording of World War II era music is played as an introduction to this presentation.)

ML03

"OVER THERE" AND BACK HOME: AMERICA IN WORLD WAR I

Instructor: Mr. John Maietta

Fridays, March 17 and 24, 2017

2:30 p.m. – 4:00 p.m.

Community Room, Messiah Village

Enrollment Limit: 60

One hundred years ago, the New World came to the rescue of the Old, as a million American troops mobilized to join the Allied cause in World War I. This two-part program will highlight the wartime experience of Americans, on both the Western Front and the home front. The American Expeditionary Forces included National Guardsmen from Harrisburg and Carlisle, feted and cheered by their communities as they shipped out to help "make the world safe for democracy." They and their fellow "doughboys" did not see major action until the summer of 1918, but they played a decisive role in the final push to defeat German aggression. Meanwhile, patriotic civilians back home bought liberty bonds, planted victory gardens, and railed against "the Hun" who brought echoes of war into their quiet and orderly lives.

ML04

PETER COOPER: AN UNSUNG AMERICAN HERO

Instructor: Mr. Ernst Kohlstruk

Monday, March 20, 2017

9:00 a.m. – 10:30 a.m.

Compass Pointe Place, Messiah Village

Enrollment Limit: 40

This course is about Peter Cooper and his contribution to life in America. He is best known for being the inventor of the first American steam locomotive. He became one of America's most wealthy and successful businessmen because of his business skills. Peter Cooper was also a social reformer. He advocated for free public school education and started a college.

ML05

FIRST LADIES: 19TH CENTURY, PART 2

Instructor: Ms. Mary Furlong

Thursday, March 23, 2017

10:30 a.m. – 12:00 noon

Galleria Room, Messiah Village

Enrollment Limit: 40

As we look at the fourth session on First Ladies, we will be looking at the role of Louisa Adams, Sarah Polk, Abigail Fillmore and Caroline Harrison. Louisa Adams, born in England, was acknowledged as an advisor for her husband, while Sarah Polk was constantly helping her husband with his speeches and became one of the most popular First ladies. Abigail Fillmore, the First Lady to hold a job (teacher) after she was married, helped to shape the book collection for the White House, as well as introduced regular use of music for entertainment (piano, harp and guitar). Caroline Harrison, with a deep love of the history of the White House, helped form the National Association of Daughters of the American Revolution (DAR) and helped to raise funds for Johns Hopkins medical school, only if they would admit women (the late 1880s).

ML06

CHRISTIAN THEOLOGIES OF 18TH CENTURY AMERICA

Instructor: Dr. Mark O. Hagenbuch

Wednesdays, April 12 and 19, 2017

1:00 p.m. – 2:30 p.m.

Community Room, Messiah Village

Enrollment Limit: 50

Similar to American Christianity today, the Christian denominations of 18th century America were diverse. Explore and compare the theologies of Jonathan Edwards of the Great Awakening ("Sinners in the Hands of an Angry God") to the "preferred" beliefs of the Anglicans to the German Lutherans, among other denominations. Of special interest will be the teachings of Johann Arndt, a founder of Lutheran Pietism, one of whose followers was Andreas Hagenbuch of Berks County, PA.

ML07

U.S. CONSTITUTION 101

Instructor: Professor Robert C. Power

Thursday, April 20, 2017

10:30 a.m. – 12:00 noon

Community Room, Messiah Village

Enrollment Limit: 50

This course covers the basics of the United States Constitution. The primary topics are the structure of government created by the framers in Philadelphia in 1787, and important changes over the years in the form of amendments and landmark Supreme Court decisions. The emphasis is on history, but several recent controversies will be addressed.

ML08

NIGERIA: FROM BOKO HARAM TO MEGA CITIES FROM THE SEA

Instructor: Dr. Clem E. Gilpin

Thursday, May 11, 2017

1:00 p.m. – 2:15 p.m.

Community Room, Messiah Village

Enrollment Limit: 50

This presentation will cover some of the challenges and opportunities confronting the populace country in Africa. For over a decade, sections of Nigeria have been besieged by an insurgence group known as Boko Haram, which received international attention with the kidnapping of hundreds of girls from a school in Chipok and attacks on both Christian and Muslim institutions. Several hundred miles towards the center of the country the city of Abuja, the country's planned capital city, continues to emerge from the savannah. Although no longer the national capital, Lagos has become one of the world's mega cities with substantial unplanned as well as planned growth. Additionally, Nollywood has become a major film center.

ML09

NATIVE CAPTIVES

Instructor: Mr. Ronald C. Sollenberger and Ms. Debra McCauslin

Tuesday, May 23 and Thursday, May 25, 2017

1:00 p.m. – 2:30 p.m.

Community Room, Messiah Village

Enrollment Limit: 50

Imagine yourself living in the 17th or 18th century and suddenly you are taken hostage by a small band of Indians! What would be your fate? During this time the Eastern Woodland Indians of Pennsylvania, New York, and Canada took many captives. Why did they do this and what did they do with these settlers, missionaries, and military persons? Join us to learn about the many interesting stories about such people as Mary Jemison and Frances Slocum.

LOCAL HISTORY

ML10

FLAMES BEYOND GETTYSBURG: THE CONFEDERATE EXPEDITION TO THE SUSQUEHANNA RIVER

Instructor: Mr. Scott L. Mingus Sr.

Saturday, March 18, 2017

10:00 a.m. – 11:30 a.m.

Community Room, Messiah Village

Enrollment Limit: 50

In late June 1863, two powerful columns of Confederate troops approached the Susquehanna River in south-central Pennsylvania. One marched northeasterly from Franklin County through Carlisle toward Harrisburg and the other headed eastward through Gettysburg and York towards Wrightsville/Columbia. This PowerPoint presentation by veteran author Scott L. Mingus Sr. will cover the latter command, that of Maj. General Jubal A. Early, as it conquered Gettysburg after a series of skirmishes on June 26 and then two days later occupied York, the largest Northern town to fall to the Confederates during the entire war. General Early ransomed York for money and supplies and surrounded the town with artillery and troops. Hastily organized state militia defended the river crossing at Wrightsville and then burned the world's longest covered bridge to prevent Rebel passage into Lancaster County, from which Jubal Early had hoped to threaten Harrisburg.

ML11

THE LIFE AND ACCOMPLISHMENTS OF MILTON HERSHEY

Instructor: Professor Clyde A. Ross

Thursday, April 6, 2017

1:00 p.m. – 2:30 p.m.

Community Room, Messiah Village

Enrollment Limit: 50

Part of the American story is the rise in prominence of great inventors, manufacturers, and retailers (Thomas Edison, Henry Ford, and J.C. Penny, for example). Of course, one of the most important for this area is Milton S. Hershey. This session will introduce and consider the life and accomplishments of Milton S. Hershey, employing both lecture and many pictures.

ML12

PENNSYLVANIA TRIVIA FROM A TO Z

Instructor: Mr. John Maietta

Monday, April 17, 2017

2:30 p.m. – 4:00 p.m.

Community Room, Messiah Village

Enrollment Limit: 60

Test your knowledge of Pennsylvania trivia as we explore a wealth of fascinating facts from state history, popular culture, and current events. You'll learn about George Washington's only battlefield surrender – and the development of the world's first electronic computer. You'll hear the stories behind the druggist who helped Mozart write his greatest comic operas, the hapless tinkerer who almost invented the telephone, and the exiled Turkish imam who runs a worldwide social and spiritual organization from a hideout in the Poconos. And you'll find out why Pennsylvania can proudly lay claim to America's first gas station, its oldest human settlement, its longest stone arch bridge, and its biggest shoe. You'll leave with a new appreciation for the wacky, wild, and wonderful side of the great Keystone State we call home.

ML13

HANS HERR HOUSE AND THE CONESTOGA HISTORICAL SOCIETY – TOUR

Instructor: Mr. Ronald C. Sollenberger

Friday, April 21, 2017

8:15 a.m. – 5:30 p.m.

Hans Herr House and Conestoga Historical Society
Willow Street, PA

*See cost and transportation details below

Enrollment Limit: 27

We will visit the Hans Herr House (1719) located on the oldest homestead in Lancaster County. This will include a guided tour of the house and grounds. In addition, there will be a guided tour of the Lancaster Longhouse, a full scale replica of a Susquehannock Longhouse that harkens back to a time before European contact. This is truly a unique exhibit that will aid in understanding the Native Americans who lived in this area.

The Conestoga Area Historical Society Museum showcases much of the history of the area. The museum, located in an 1860's tobacco barn, houses

a variety of Native American artifacts and other early 1700's information and exhibits. Other exhibits showcase the 18th and early 19th century history of Lancaster County. The grounds include a restored 1733 log house, a blacksmith shop, restored stone house, squirrel tale bake oven, craftsmen shops, and restored local tannery, a Switzer bank barn and a meeting hall.

The day of touring will acquaint you with the early history of a part of Lancaster.

*The Messiah Lifeways bus will leave from the Village Commons entrance promptly at 8:15 a.m. Return to Messiah Village will occur by 5:30 p.m. at latest. Additional cost to participants includes \$9.00 for bus transportation, \$15.00 admission to the museums, and \$10.00 for a boxed lunch, payable at time of registration.

ML14

INTRODUCTION TO PERRY COUNTY – PRESENTATION & TOUR

Instructor: Ms. Janet Lea (Grindall) Taylor

Friday, April 28, 2017 (Classroom Session)

1:00 p.m. – 2:30 p.m.

Community Room, Messiah Village

Friday, May 5, 2017 (Field Trip)

8:30 a.m. – 4:30 p.m.

Perry County, PA

*See cost and transportation details below

Enrollment Limit: 27

In this presentation and tour, we will explore the little-known ridges and valleys between the Blue Mountain of Cumberland Valley and the middle reaches of the Juniata River where illegal settlers set the stage for bloody reprisals during the French and Indian War and beyond. We will examine the pre-European landscape and how Native Americans shaped it as well as their passageways and paths, and compare these with today's scene.

*The Messiah Lifeways bus will leave from the Village Commons entrance promptly at 8:30 a.m. Return to Messiah Village will occur by 4:30 p.m. at latest. Additional cost to participants includes \$9.00 for bus transportation payable at time of registration and everyone pays for their own lunch at a local restaurant in Perry County.

ML15

GLORIOUS TIMES – PRESENTATION & TOUR

Instructor: Dr. Tom Benjey

Tuesday, May 2, 2017 (Classroom Session)

1:00 p.m. – 2:30 p.m.

Community Room, Messiah Village

Tuesday, May 9, 2017 (Field Trip)

9:00 a.m. – 12:00 noon

Craighead House, Boiling Springs, PA

*See cost and transportation details below

Enrollment Limit: 27

Glorious Times... tells the fascinating story of an American clan of Scots-Irish origin that settled in and near the South Mountain "Cradle of Conservation" close to nature, with the Yellow Breeches Creek flowing past its backyard, woods just beyond fields and meadows, and the mountain within walking distance. Since the early 1700s, this remarkable family called and still calls "Craighead Station" Pennsylvania its "home," even though many of its members settled elsewhere in the country. But they always return. In Tom Benjey's engaging telling of the Craighead story through the centuries and generations, he focuses attention on the generation of Craigheads we know best: that of the twins Frank Jr., John, and their sister Jean Craighead George; but he doesn't neglect the earlier generations of Craighead naturalists either. Their father, Frank Sr., was an important scientist and naturalist as well as aunts, uncles, and cousins who were important outdoorsmen are included too.

This is a book full of history and adventure, impressive achievement and inspiration, colorful characters and the enchantment of nature and the outdoors. The inspiring lives of the famous twins, known from their many publications, documentary films, and ground-breaking conservation efforts; as well as that of their award-winning sister, are explored in rich detail. Benjey shines light on the impressive and important contributions the Craigheads have made to American history, conservation, education, and to the lives of those who have been inspired by their adventurous lives in, with, and for nature.

> COURSES & EVENTS BY TOPIC (MARCH 1 – MAY 26)

*The Messiah Lifeways bus will leave from the Village Commons entrance promptly at 9:00 a.m. Return to Messiah Village will occur by 12:00 noon at latest. Additional cost to participants includes \$9.00 for bus transportation payable at registration.

CURRENT TOPICS & DISCUSSIONS

ML16

WOMEN IN SPORTS: THE TITLE IX REVOLUTION

Instructor: Dr. Carol Nechemias

Monday, March 6, 2017

2:30 p.m. – 4:00 p.m.

Community Room, Messiah Village

Enrollment Limit: 50

In 1972 Congress passed Title IX, a law that stated that "No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any educational program or activity receiving federal financial assistance." While Title IX has had an impact in many policy areas, it led to a striking transformation in opportunities for women's involvement in sports.

We will track those changes, current controversies associated with athletics and Title IX, and the upsurge in women's involvement in sports. The results were particularly evident at the 2016 Olympics, where American women won 27 gold medals, a figure that would tie them with Britain for most of any country, put them one ahead of China, and far ahead of the American men and everyone else.

ML17

ETHICAL DILEMMAS – “IS IT EVER RIGHT TO DO WRONG TO DO RIGHT?”

Instructor: Dr. Kenneth A. Markley

Tuesday, March 7, 2017

10:00 a.m. – 12:00 noon

Community Room, Messiah Village

Enrollment Limit: 50

Several problematic scenarios will be presented which seem to defy a solution agreeable to everyone. Classroom participants will be welcome to share their opinions and solutions to these dilemmas. Video clips will be shown that depict classic ethical problems. Are there any rules, laws or principles that are good or bad; right or wrong? Does ethical behavior always exist within shades of gray?

ML18

LIFE, DEATH AND EXISTENCE AFTER DEATH

Instructor: Mr. Robert Eisenhower

Tuesday, March 14, 2017

10:30 a.m. – 12:00 noon

Community Room, Messiah Village

Enrollment Limit: 50

This presentation will offer a list and brief overview of fifteen books concerning life and after death topics. Some of the books are many years old, and some have information that was revealed during the last fifty years. Many cultures and religions are represented and will have their ideas represented objectively in this program. The purpose is to have participants become aware of different ideas to explore possibilities of which they may not previously have been aware.

ML19

RACE AND POLICING: THE LONG VIEW

Instructor: Dr. Shaun Gabbidon

Wednesday, March 29, 2017

1:00 p.m. – 2:30 p.m.

Community Room, Messiah Village

Enrollment Limit: 50

This course will examine some of the key aspects of the race and policing debate. It considers the historical role of the police in the lives of racial ethnic minorities.

ML20

GUNS AND GUN VIOLENCE IN THE U.S.A.

Instructor: Dr. Roger Sider

Thursdays, March 30 and April 6, 2017

9:00 a.m. – 10:30 a.m.

Community Room, Messiah Village

Enrollment Limit: 50

In this course, gun ownership and gun violence will be examined from a historical and cross cultural perspective. Possible strategies for reducing the death toll, now over 35,000 per year, which occur utilizing guns will also be considered.

ML21

NUCLEAR & TERRORIST SECURITY ISSUES

Instructor: Mr. John Ricca

Wednesdays, April 26, and May 3 & 10, 2017

1:00 p.m. – 3:30 p.m.

Community Room, Messiah Village

Enrollment Limit: 125

This three-session course will address and discuss the following topics:

- a) **Islam:** major denominations, basic principles / pillars, the Koran, Hadith, & Sharia Law, Middle East racial bias, support to terrorism, and an updated analysis of Islam in the U.S.
- b) **ISIL:** Overview and Update: origin, the terms ISIS, ISIL and the Islamic State, goals, capabilities, successes and limitations in recruiting, caliphate expansion, terrorist attacks, military actions, threats to the U.S. homeland, and U.S. strategy options.
- c) **Nuclear Security Issues with Iran and North Korea:** The “agreement” with Iran, Iran’s nuclear program, the status of compliance, and the 2016 transfer of \$1.3 billion U.S. dollars to Iran; North Korea’s nuclear program and the significance of their first five nuclear tests, including their 2016 test of a hydrogen bomb.

LITERATURE

ML22

MORE THAN ONE THING IS TRUE: AGONY AND ECSTASY BELOW CLOUD NINE – PRESENTATION AND DISCUSSION OF A MEMOIR

Instructor: Mr. Urbane Peachey

Tuesday, April 4, 2017
10:30 a.m. – 12:00 noon
Galleria Room, Messiah Village
Enrollment Limit: 30

More Than One Thing Is True: Agony and Ecstasy Below Cloud Nine is the title of Mr. Urbane Peachey's recently published memoir. It includes three sections filled with anecdotes: The Middle East section will emphasize socioeconomic development over charity with a critique of US foreign policy. The second describes commonality in Islam and Christianity, and the third focuses on Pastoral Life, using real life stories to urge a sacramental pastoral approach and to affirm diverse spiritual ties, resulting in renewed adult formation and identity.

NATURE & SCIENCE

ML23

WHAT'S THE BUZZ ABOUT HONEYBEES? WHAT THEY DO FOR US AND WHAT WE CAN DO FOR THEM

Instructor: Ms. Joyce Wilder

Thursday, March 9, 2017
2:30 p.m. – 4:00 p.m.
Community Room, Messiah Village
Enrollment Limit: 50

This course will review the factors that have been decimating the honey bee population worldwide. We will explore the fascinating world of honeybees and how they produce a variety of products such as bee pollen, bees wax, and honey. Lastly, we will taste several different varieties of honey to experience the delightful variation in flavor depending on the floral nectar source collected.

ML24

MINERALS & ROCKS

Instructor: Mr. Rick Abele

Thursdays, April 13 and 20, 2017
1:00 p.m. – 2:30 p.m.
Community Room, Messiah Village
Enrollment Limit: 50

In this two-lecture course we will explore the formation, identification, and uses of minerals and rocks. The first class will focus on minerals. We will have samples of various minerals. Attendees are encouraged to bring their own samples.

The second lecture will focus on rocks. We will look at their formation, identification and uses for society. Samples will be available, and attendees are encouraged to bring their own.

ML25

MODERN PHYSICS AND THE SCRIPTURES

Instructor: Dr. James F. Jekel

Monday, April 24, 2017
1:00 p.m. – 3:00 p.m.
Community Room, Messiah Village
Enrollment Limit: 40

Many people think that modern physics (*Relativity Theory* and *Quantum Field Theory*) are too difficult for most of us mortals to understand, and many suspect that these theories may be antagonistic to the Scriptures. Attendees to this class will discover that many of the basic concepts of physics are quite understandable, and they often lend support to the Scriptural record or help to illuminate theological concepts, especially regarding creation and time.

We will consider the following topics and discuss their relevance to the Bible: Relativity theory (both the Special theory and the General theory); space; time; matter-energy; the origin of the Universe; entropy; & determinism vs. freedom to vary. No mathematical background is required for this class: only a few simple equations or technical details will be presented and explained. In the discussion, the contributions to physics made by the following Christians will be presented: Galileo Galilei, Johannes Kepler, Isaac Newton, Michael Faraday, and James Clerk Maxwell.

ML26

ROTATION: UNIVERSE TO THE ATOMIC NUCLEUS

Instructor: Dr. John Luetzelschwab

Thursday, April 27, 2017

9:00 a.m. – 10:30 a.m.

Community Room, Messiah Village

Enrollment Limit: 50

This course will discuss the effects of rotation on systems that range in size from galaxies to atoms. Starting with a discussion of Newton's Laws, we will see how these simple laws apply to rotating objects. Phenomena to be discussed include rotating galaxies, hurricanes in hemispheres, Foucault Pendulum, spinning skaters, and Magnetic Resonance Imaging (MRI) medical studies. The course requires some preparation work: measure the rotation of the Messiah Village Foucault Pendulum in the Village Commons.

ML27

EATING FOR CLIMATE & HEALTH

Instructor: Dr. James E. Jones

Thursday, April 27, 2017

1:00 p.m. – 2:30 p.m.

Community Room, Messiah Village

Enrollment Limit: 50

This presentation will review and discuss how climate change harms our food production, and how food production harms our planet. This includes the impacts of our "American way of eating" and what we can do to improve our health and the health of our planet.

ML28

WEED WALK WITH WILLA – TOUR

Instructor: Ms. Willa Lefever

Friday, May 19, 2017

9:00 a.m. – 3:00 p.m.

Sonnenwald Natural Foods, Spring Grove, PA

*See cost and transportation details below

Enrollment Limit: 27

Discover free food and medicine growing right outside your door by learning to identify and use wild plants. A weed walk on the chemical-free Sonnenwald farm is an entertaining and educational multi-sensory nature experience. This casual stroll mixes plant education with colorful stories of Willa's childhood at Sonnenwald. All participants are welcome to take home a free comfrey plant.

*The Messiah Lifeways bus will leave from the Village Commons entrance promptly at 9:00 a.m. Return to Messiah Village will occur by 3:00 p.m. at latest. Additional cost to participants includes \$9.00 for bus transportation payable at registration, and everyone pays for their own lunch.

ML29

ALEXANDER VON HUMBOLDT: NATURALIST EXTRAORDINAIRE – TRAVELS WITH THE MAN WHO GAVE US UNITY OF NATURE WITH HUMANKIND

Instructor: Dr. Paul Wengert

Wednesday May 24, 2017

1:00 p.m. – 2:30 p.m.

Community Room, Messiah Village

Enrollment Limit: 50

In the 18th and 19th centuries many studies advanced Natural Sciences as separate entities, collectively known as "Natural Philosophy." From Humboldt's outdoors laboratory on various latitudes and elevations in many countries, he discovered the unity of plants, animals, and environmental influences of humankind as interdependent upon one another. Humboldt spent decades leaving footprints on four continents. His prodigious research and reports are found in libraries around the world. These treasures are lessons for today.

RELIGION

ML30

LUKE'S NEW TESTAMENT WRITINGS (LUKE AND ACTS)

Instructor: Professor Clyde A. Ross

Thursdays, March 2, 9, and 16, 2017
10:30 a.m. – 12:00 noon
Community Room, Messiah Village
Enrollment Limit: 50

Beginning with an introduction to the nature of the four Gospels, the course will then consider the special emphases and contributions of the Gospel of Luke before turning to an introduction to the structure and emphases of the Book of Acts. These two books shall be considered like two chapters in one book by the same author (probably the only Gentile author in the whole Bible).

ML31

THE AMAZING GOSPEL OF JOHN (PART 2): THE STORIES ABOUT CHRIST

Instructor: Dr. James F. Jekel

Monday, May 1, 2017
1:00 p.m. – 3:00 p.m.
Community Room, Messiah Village
Enrollment Limit: 40

Last spring, we reviewed the amazing purpose, structure, and organization of John's unique Gospel. Because of John's powerful use of the Greek language, we also went into some detail about the meaning of the Greek in his prologue. However, we did not have much time to go into the details of the many stories of Christ's earthly ministry that John gives, most of which are unique to his Gospel.

We will also attempt to show that, not only does John give us new stories about Christ's ministry, but even when he goes over material also covered in the synoptic Gospels, he gives us important additional understandings of these events. Finally, John gives us the most intimate portrait we have of Christ and his love.

This class will stand on its own; participants do not need to have attended Part 1 last year. Reading the Gospel of John, particularly Chapters 1-11 & 13-15, will be helpful in preparing for the class.

> COURSES & EVENTS BY TOPIC (MARCH 1 – MAY 26)

MUSIC & FINE ARTS

ML32

LIVING WITH WATERCOLORS: ARTIST'S DEMONSTRATION & EXHIBIT

Instructor: Mr. Andy Smith

Monday, March 6, 2017
10:00 a.m. – 12:00 noon
Compass Pointe Place, Messiah Village
Enrollment Limit: 40

Lititz artist, Andy Smith, has had a 37-year journey in watercolors as a full-time artist, in which he finds great inspiration.

Andy enjoys painting while having others observe and ask him questions. He will share his passion in this unique watercolor painting demonstration. In addition to his demonstration in Compass Pointe Place at Messiah Village, everyone is welcome to visit the exhibit of his works in the hallway nearby. Light refreshments will be served.

Please park in the designated visitor parking area at the Village Center of Messiah Village. Campus maps are available.

ML33

GREAT HYMNS AND FAVORITE HYMNS

Instructor: Dr. Ronald R. Sider

Tuesday, March 7, 2017
2:30 p.m. – 4:00 p.m.
Messiah Village Chapel, Messiah Village
Enrollment Limit: 50

This presentation will include singing and discussion of some of the great and favorite hymns throughout history. Why are they great and/or favorite? Is there a story connected with its writing? Do you have a personal story which makes a favorite? Share your answers and your opinions, and bring your favorite hymns!

ML34

GREAT AMERICAN SONGBOOK

Instructor: Attorney Charles H. Stone

Mondays, March 13, 20, and 27, 2017

1:00 p.m. – 2:30 p.m.

Community Room, Messiah Village

Enrollment Limit: 50

The instructor continues his affectionate romp through The Great American Songbook with three short courses in which the lives and work of some of the great songwriters of the period will be recalled. The choices are arbitrary, eclectic and capricious, with the emphasis on the music rather than on the words. We will look briefly at the lives of these oddly creative people, review some of the background of the period, and parse and analyze some of the songs. There will be illustrations from the keyboard.

**George Gershwin, Vincent Youmans & Vernon Duke;
Master, Rival & Suppliant**

The glories of the Gershwin songs will be recalled. Less remembered today is the work of Vincent Youmans, whose star for a time burned just as brightly. And then there came from a turbulent Russia Vladimir Dukelsky, seeking counsel from Gershwin the Master, a man by this time well into his twenties. George told him to be Vernon Duke, and good things followed.

**The Casual Hoosier & The Elegant Washingtonian;
Hoagy Carmichael & Duke Ellington**

These almost exact contemporaries could not have been more different, having totally disparate backgrounds and working habits, and leaving different problems of interpretation for us to ponder. Carmichael's haphazard and careless ways contrast sharply with Ellington's careful, calculated, and almost obsessively crafted work. Yet we love all they did and continue to mine the treasures they left us to find.

Three More Great Talents: Jule Styne, Jimmy Van Heusen, & Harry Warren

England's gift to the Songbook is Jule Styne. He could adapt to change as well as any of them. As a young man he wrote hits for Tin Pan Alley, and later became a major composer of theatre music.

Jimmy Van Heusen renamed himself for his favorite shirts, worked as a test pilot, and then wrote songs with what jazz musicians call "great chord changes" as well as a passel of sparkling tunes.

Harry Warren was hired by the movie moguls to crank out tunes on demand for an endless stream of motion pictures, some good and some awful. Out of this dreadful system came an astonishing number of well-known songs. Why is he so utterly unknown? We will consider this and other questions.

ML35

THE GREATEST CHORAL WORK – HANDEL'S MESSIAH!

Instructor: Dr. Ronald R. Sider

Tuesday, March 28, 2017

10:30 a.m. – 12:00 noon

Messiah Village Chapel, Messiah Village

Enrollment Limit: 50

Many choirs in the United States, England, Canada, (and probably others) perform Handel's Messiah every year, usually to full houses. How and why does this happen? We will discuss history, the present, and listen to recordings. Two local soloists will sing, and you will be invited to sing along in some selections!

ML36

A REAL NICE "CLAMBAKE": THE COLLABORATION OF RODGERS AND HAMMERSTEIN

Instructor: Mr. John Hope

Monday, April 3 and 10, 2017

2:00 p.m. – 3:30 p.m.

Community Room, Messiah Village

Enrollment Limit: 50

In two sessions, we examine Rodgers and Hammerstein shows that dramatically changed the face of American musical theater for all time. Not only did these shows revolutionize American musical theater, they also spoke forcefully to some of the social issues of their era. Included in the presentations will be insider information on how the shows were created, assembled, staged, and produced; audio and video clips of key musical numbers from each show; and information on the composer and lyricist and their long collaboration.

GENERAL INTERESTS & HOBBIES

ML37

SPUDS AND THE CABBAGE PATCH

Instructor: Ms. Linda Rand

Thursdays, March 16 and 23, 2017

1:00 p.m. – 3:00 p.m.

Allegheny Hobby Room, Messiah Village

Enrollment Limit: 25

This is a two-session program that will look at the history and nutrition of the lowly potato at session one, which is considered a “comfort food.”

During session two, we will see why the cabbage is an important food that we need to consume several times a week. Both of these vegetables have an interesting history, are very often eaten at the same meal and also are frequently mixed together. History shows that many times these two items were the only food available. Recipes will be available to participants along with a number of delicious samples to taste.

Note: \$10.00 class fee payable at registration

ML38

GET BACK IN THE GAME – OF BRIDGE! (PRESENTATION & TOUR)

Instructor: Ms. Marcia Strittmatter

Tuesday, March 21, 2017 (Classroom Session)

1:00 p.m. – 2:15 p.m.

Community Room, Messiah Village

Tuesday, March 28, 2016 (Field Trip)

12:30 p.m. – 3:30 p.m.

Harrisburg Bridge Club

*See cost and transportation details below

Enrollment Limit: 27

The game of Bridge could be in your future, whether you are a beginner, intermediate or an experienced player. The first session in the classroom will consist of an overview/interactive discussion about the options available for you and your card playing friends. A relatively simple form of the game will be demonstrated.

Session two will be held from 1:00 to 3:00 p.m. at the Harrisburg Bridge Club (located at 349 N. 21st Street in Camp Hill). A “Mini Bridge” lesson and opportunity to practice will be provided.

*The Messiah Lifeways bus will leave from the Village Commons entrance promptly at 12:30 p.m. Return to Messiah Village will occur by 3:30 p.m. at latest. Additional cost to participants includes \$9.00 for bus transportation payable at registration.

ML39

CHAIR CANING – HAND CANE WEAVING THE SEVEN STEP METHOD

Instructor: Mr. Ronald C. Sollenberger

Monday, April 24; Wednesday, April 26; and
Friday, April 28, 2017

10:00 a.m. – 12:00 noon

Allegheny Hobby Room, Messiah Village

Enrollment Limit: 6

The Seven Step Method of hand caning is the most commonly used pattern in hand caning for most chairs with holes regularly placed on the rails. This method forms a strong yet flexible seat that will last for many years. Students will learn the basics on a small stool so as to enable them to work on a chair.

Note: \$25.00 materials fee payable at registration

WELLNESS & PERSONAL DEVELOPMENT

ML40

CONFESSIONS OF A HOSPICE NURSE

Instructor: Ms. Marian Dornell

Monday, March 13, 2017

9:00 a.m. – 11:00 a.m.

Galleria Room, Messiah Village

Enrollment Limit: 40

Using her poetry, anecdotes, and a few photographic images, Marian Dornell will share her experience as a hospice nurse at the Hospice of Washington in Washington, D.C., from 1989-1991. The presenter believes that the denial of death in this culture puts human beings at odds with nature, and she hopes to encourage her listeners to consider

the wisdom of other cultures throughout the world that accept death as a part of life. She will discuss the holistic approach that hospice care provides as it addresses the concerns inherent with death and dying.

ML41

MYERS-BRIGGS: A WAY OF LOOKING AT YOURSELF AND OTHERS

Instructor: Ms. Nancy Kohlstruk

Wednesdays, March 15 and 22, 2017

1:00 p.m. – 2:30 p.m.

Galleria Room, Messiah Village

Enrollment Limit: 20

Myers Briggs Type Indicator (MBTI) is a psychological instrument with its roots in Jungian theory. It tests and clarifies four ways we deal with our lives: how we get our energy, how we gather information, how we make decisions and our orientation to life. After studying these qualities, participants will end up with a four-letter identification which will help them see themselves and others more clearly.

ML42

NUTRITION SIMPLIFIED: A GUIDE TO CREATING BALANCE IN YOUR FOOD CHOICES

Instructor: Ms. Hilary McMahon

Tuesday, March 21, 2017

10:30 a.m. – 12:00 noon

Community Room, Messiah Village

Enrollment Limit: 30

Nutrition information comes from all avenues of media, through word of mouth and countless other sources. With so much information out there, how do we know what is right from wrong? This presentation guides participants through ways to eat healthfully every day without all the confusion. We will explore this experientially through creation of a healthy, balanced snack!

ML43

PROTECT YOURSELF AND YOUR LOVED ONES FROM MEDICARE ABUSE

Instructor: Mr. Glen L. Dunbar

Monday, March 27, 2017

10:30 a.m. – 12:00 noon

Galleria Room, Messiah Village

Enrollment Limit: 40

There is no question that health care costs are skyrocketing. But if you want Medicare to be here in the future, there is something you can do to help assure that this important health care program continues. It is estimated that Medicare errors, fraud, and abuse, cost our nation 60 BILLION dollars each year. These exploitations of the system contribute nothing to improved healthcare. Instead, they threaten the solvency of the Medicare fund and result in higher out-of-pocket costs for us, the beneficiaries. (Examples include co-payments for health care services that were never provided, or they were excessive or medically unnecessary). We may also find ourselves stuck with bills for services from providers who should have billed Medicare, but instead billed us for the entire cost of that service.

This presentation is based on the national Senior Medicare Patrol training program which empowers seniors to take personal action to protect their benefits by preventing, detecting and reporting healthcare fraud, errors and abuse.

ML44

BUDGET AND LIFESTYLE

Instructor: Mr. Robert Eisenhower

Thursday, April 13, 2017

10:30 a.m. – 12:00 noon

Community Room, Messiah Village

Enrollment Limit: 50

This program will suggest methods to allocate your expenses and investments to provide a fuller and enjoyable lifestyle. It will also include ideas about what and how you decide to purchase items for use, where, when and what types of funds for investments, and activities and opportunities for exploring your surroundings.

SPECIAL EVENT

PIANO RECITAL FEATURING DR. CHARLES SEIFERT

Tuesday, April 18, 2017

1:00 p.m. – 2:30 p.m.

Messiah Village Chapel, Messiah Village

In this special performance of piano music, emphasis will be upon pieces with titles and references to literature, hymns and nature. Sixteenth and seventeenth century compositions and masterpieces by Bach, Beethoven, Schumann, Chopin, Liszt, Messiaen, and Shostakowitch will be performed.

Light refreshments will be served following the event.

SERVICE PROJECTS

TABITHA'S – MAKING HATS & SCARVES FOR OTHERS IN NEED!

This project will occur during the spring term. Participants will be notified of dates and times. Terrace Room, Messiah Village
Enrollment Limit: None

"Tabitha's" is a student-initiated Outreach Team of Messiah College students that was formed around the mission to craft hats and scarves through knitting and crocheting.

Once completed, the hats and scarves are donated to homeless shelters, soup kitchens, and other distribution centers in the Harrisburg area, and participants will have the opportunity to visit one of these sites to learn about their mission and the people who will receive the items.

Those involved with "Tabitha's" are open to learning more about their crafts and to thinking about new ways to contribute in helping homeless individuals beyond the cold winter months.

Pathways members are invited to join in on making these craft items, delivering them to those in need, and learning a lot in the process! This special project offers an excellent opportunity for intergenerational activity and interaction as well.

> SPECIAL EVENT > SERVICE PROJECTS

*Please contact the Pathways Institute Coordinator if you are interested in becoming involved in this unique service learning project.

NEWBORN KITS FOR MCC: INFANT GOWNS

This project will occur during the spring term.
Enrollment Limit: None

Mennonite Central Committee (MCC), a worldwide ministry of Anabaptist churches, shares God's love and compassion for all in the name of Christ by responding to basic human needs and working for peace and justice. MCC envisions communities worldwide in right relationship with God, one another and creation.

MCC distributes newborn kits to hospitals, clinics and refugee camps. Newborn kits are sent to assist mothers in giving their children a good start in Bosnia, Haiti, Honduras, Nicaragua, North Korea, Serbia, Russia and Ukraine.

Fabric donations are needed as well as volunteers to cut material and sew gowns.

*Please contact the Pathways Institute Coordinator if you are interested in becoming involved in this unique service learning project.

Please Note: New courses and special events are sometimes added to the Pathways Institute schedule after catalogs are printed. Updated information about new opportunities will be available at the Pathways Office and will also be posted on the Pathways Institute website: thepathwaysinstitute.org.

INSTRUCTOR BIOGRAPHIES

We wish to thank our volunteer instructors for sharing their time, talent, and expertise through Pathways Institute.

RICK ABELE is a retired High School Principal. He taught Earth & Space Science, Astronomy, Environmental Science, and American History. He then spent 8 years as a school administrator – retiring as Principal at Carlisle High School. He also spent 7 years as the Astronomer for Public Viewing at Grundy Observatory at Franklin & Marshall College in Lancaster. He has a BA in Geography and an MA in Astronomy & Geology, both from West Chester University.

TOM BENJEY is technically retired, and he enjoys researching the lives of people long overlooked by historians. A chance statement at a presentation on the Carlisle Indian School led to Dr. Benjey researching the life of Lone Star Dietz and writing the biography of the most controversial person to grace the sidelines of a football field. That led to him writing [Doctors, Lawyers, Indian Chiefs: Jim Thorpe & Pop Warner’s Carlisle Indian School.](#)

In 2009, Dr. David Masland suggested Dr. Benjey write about his lifelong friends, the Craighheads. His initial investigation convinced him that this was indeed an extraordinary family. And at last, he has finished [Glorious Times: Adventures of the Craighhead Naturalists!](#)

MARIAN DORNELL is a retired hospice nurse, with a background in Psychiatric and Mental Health nursing. As such, she appreciates the reluctance that humans have in discussing death and dying. She empathizes with the need to deny death as expressed by this culture’s proclivity to use euphemisms to describe the conventions surrounding death and dying. Ms. Dornell encourages others to consider different ways to perceive and anticipate death and dying in a non-judgmental manner.

GLEN L. DUNBAR holds a Master’s Degree in Public Administration from the Center for Aging Studies at the University of North Texas. He is a retired social gerontologist and policy analyst. Professor Dunbar teaches a variety of sociology courses at area colleges and he has previously taught numerous well-received courses through the Pathways Institute.

> INSTRUCTOR BIOGRAPHIES

ROBERT EISENHOWER has a B.S. degree in Education from Shippensburg University, an M.S. degree in Education from Temple University, and an M.A. degree in Teaching from Indiana University. He has taught mathematics at a technical school, junior college, and university for thirty-six years. He has been retired for nineteen years, and has traveled in all fifty states and over fifty-five countries and in many different cultures. Mr. Eisenhower has had an enjoyable life and enjoys sharing what he has learned.

MARY FURLONG is a Fulbright scholar (both Malaysia and Ghana), an Eisenhower Farm National Park Service guide, and an independent history researcher with strong interest in local, national and international history. Ms. Furlong is a retired social studies educator.

SHAUN GABBIDON, Ph.D. has been teaching about race and policing for nearly 20 years. He is a Distinguished Professor of Criminal Justice at Penn State Harrisburg.

CLEM E. GILPIN, Ph.D. served as a Peace Corps Volunteer in Nigeria for two years prior to earning his Master’s Degree in International Affairs with a focus on Africa. He taught a course entitled Contemporary Africa at Penn State Harrisburg for over 35 years. Additionally, Dr. Gilpin conducted a seminar on African Affairs at the U.S. Army War College.

MARK O. HAGENBUCH is a retired educator from the Dillsburg area. He is an 18th century living history enthusiast who is past President of Northern York County Historical and Preservation Society (NYCHAPS); and Deputy Commander of the British Brigade, the largest organization of Revolutionary War British reenactors in North America. Dr. Hagenbuch is a reenactor of the French and Indian War, Revolutionary War, War of 1812, and the Civil War. He received a SAGE award in 2012.

JOHN HOPE's love affair with musical theater began at age 12 when his mother took him to the Valley Forge Music Fair outside Philadelphia and he saw "The King and I" in the round. On his high school trip to New York City, he was the only student who went to see a Broadway show the "Bells Are Ringing!" He has seen shows in New York, Philadelphia, London, Washington, Baltimore, Lancaster, Hershey, etc., and never tires of them. Mr. Hope is a member of the percussion section of Keystone Concert Band and serves as the band's assistant conductor, which gives him an opportunity to program as many show scores for the Band to play as possible. He is "semi-retired" and is a freelance writer and editor working from home on a part-time basis.

JAMES F. JEKEL, M.D., M.P.H. is a retired professor of epidemiology and public health at Yale University, where he taught medical and public health students for 32 years. He is a retired Presbyterian elder who has taught adult Bible classes for decades.

JAMES E. JONES, M.D. is a retired pediatrician who is very interested in the future of our children. This naturally leads to protecting our environment. Dr. Jones is on the Board of Physicians for Social Responsibility and past Board member of Penn Future, both of whom are working for preservation of a livable planet.

ERNST KOHLSTRUK earned a B.A. in History at Susquehanna University and an M.B.A. in Government Administration at University of Pennsylvania. He retired after 31 years of working for the state of Pennsylvania. Mr. Kohlstruk currently resides with his wife at Messiah Village and has been a lifelong history buff.

NANCY KOHLSTRUK earned a B.S. from Calvin College, Grand Rapids, Michigan, and M. Ed. and Reading Specialist degree from Penn State; she is certified from Otto Kroeger Association in Myers Briggs Type Indicator. She has spent ten years working with individuals, groups, church councils, businesses and counseling with MBTI.

WILLA LEFEVER was born and raised on Sonnewald, a 60-acre chemical free farm in York County. She is the president of the Sonnewald Life Institute, a nonprofit organization dedicated to improving the health of individuals and the sustainability of communities. She and her husband own Sonnewald Natural Foods.

JOHN LUETZELSCHWAB, Ph.D. taught physics at Dickinson College for 35 years, and for many of them he taught both introductory and advanced mechanics courses that dealt with basic motion and the rotation of objects.

JOHN MAIETTA is a retired Army officer, lifelong history enthusiast, and long-time member of the Pathways Institute "faculty." In 2014, he received a Master's Degree in Applied History from Shippensburg University, where he subsequently taught introductory courses in the foundations of global culture. He is currently an adjunct history instructor at York College of Pennsylvania. He is also a popular presenter of cultural and historical programs at libraries, retirement centers, and other community venues in the region.

KENNETH A. MARKLEY is a retired psychologist who served as the director of a treatment clinic for 300 neurologically impaired children. Dr. Markley participated in the founding of the first fully accredited free-standing Graduate School of Psychology in Rosemead, California. He was a radio and television broadcaster and appeared on several national television interview programs. Dr. Markley has spoken to President Reagan's staff at the White House and conducted seminars for agency employees at the CIA headquarters in Langley, Virginia.

DEBRA McCAUSLIN is the author of [Reconstructing The Past: Puzzle of the Lost Community at Yellow Hill](#). Her articles have appeared in *Gettysburg Experience Magazine*, *The Gettysburg Times*, and publications of the Adams County Historical Society, for whom she produced the documentary film "Adams County, USA." Debra chaired the Mary Jemison Committee that conducted a celebration of Mary Jamison in 2008, which was 250 years after her capture. Ms. McCauslin gives tours on the Underground Railroad. She has spoken to historical societies and Civil War Roundtables through the mid-Atlantic region.

HILARY McMAHON is a registered dietitian and health guide working for Capital Blue Health and Wellness stores. She engages customers and the community at large on the importance of finding their healthy place, and charting a course to healthier living, with wellness and nutrition topics, providing the best evidence-based information.

SCOTT L. MINGUS Sr. is a scientist and executive in the paper industry and holds patents in self-adhesive postage stamps and bar code labels. The Ohio native graduated from the paper science and engineering program at Miami University. He was part of the research team that developed the first commercially successful self-adhesive U.S. postage stamps.

The York, Pa. resident has written eighteen Civil War books. His biography of Confederate General William "Extra Billy" Smith was nominated for or won

multiple awards, including the Dr. James I. Robertson, Jr. Literary Prize. He also wrote several articles for *Gettysburg Magazine*. Mr. Mingus maintains a blog on the Civil War history of York County (www.yorkblog.com/cannonball). He received the 2013 Heritage Profile Award from the York County Heritage Trust for his contributions to local Civil War history.

CAROL NECHEMIAS, Ph.D. taught classes on gender and politics/women and politics for over 30 years, including material on Title IX and its impact on sports. Dr. Nechemias is a retired associate professor emerita of Public Policy and Political Science at Penn State Harrisburg.

URBANE PEACHEY's experience includes 26 years in personnel, international development and peace work in cooperation with other agencies, facilitated through Mennonite Central Committee and 20 years as pastor and counselor. His studies include a Master's degree in international administration, a Master of Divinity degree from Lancaster Theological Seminary and a Master of Theology degree in pastoral care and counseling from Princeton Theological Seminary.

ROBERT C. POWER retired from Widener University Commonwealth Law School in 2015 after teaching there and elsewhere for 35 years. His courses ranged from Administrative Law to Criminal Law, but always included at least one course on a Constitutional Law topic. He also has written a number of articles in the area and two paperback guides, one for teachers of constitutional law and the other for students of the first amendment.

LINDA RAND has taken classes and researched the importance of eating healthy foods for the past five years, especially for those of us who are age 55 and better. Ms. Rand is currently retired, and she enjoys sharing her interests with others through the Pathways Institute and other groups.

JOHN RICCA has more than thirty years of experience as a weapons of mass destruction (WMD) counter-terrorism analyst. He is a certified technical target analyst and employment officer for nuclear, biological, and chemical weapons, and a health physicist. Recently, he was the team leader for the study of radiation risk for first responders. Mr. Ricca retired from full-time status in 2005, but still works part-time as a technical advisor serving the Departments of Defense and Homeland Security.

CLYDE A. ROSS is a retired professor from Messiah College. Professor Ross helped with the Elderhostel program that met on that campus for a number of years during the summer. Among the several courses that he taught in that program was a course on

the life and accomplishments of Milton Hershey. He still remains fascinated by this man's life and accomplishments.

Professor Ross also introduced a course at Messiah College that considered the Bible as literature. When teaching that course for many years, he always gave special consideration to the Gospel of Luke and the Book of Acts.

STEPHEN A. RUNKLE is a retired Hydraulic Engineer who has spent a lifetime of free time studying area history and its consequences. Over the past nine years he has given more than 25 presentations through Pathways Institute at Messiah Village and Landis Homes, where he has received highly favorable evaluations from his students. He has also led several successful field trips for Pathways Institute.

CHARLES SEIFERT is a versatile musician performing piano recitals, serving as organist in various churches, and teaching in public school, college and seminary. He is Professor Emeritus of Music at Eastern Nazarene College. Dr. Seifert and his wife, Rev. Dr. Carolyn Seifert, have taught eight times at Asia-Pacific Nazarene Seminary in Manila, Philippines where they serve as adjunct professors. His major teachers include Mary LaDue at Greenville College, Mae Doelling Schmidt, Mary Craven, Rudolph Reuter at American Conservatory of Music and Dean Sanders, Joel Shapiro and William Heiles at the University of Illinois. His doctorate in Music Education included an emphasis in Piano.

ROGER SIDER, M.D. is a retired psychiatrist with experience with both homicidal and suicidal patients, and he has been interested for many years in the problem of gun violence in our country.

RONALD R. SIDER is professor emeritus of Messiah College and organist and choir director emeritus of Grace United Methodist Church, Harrisburg. He conducted the Grantham Oratorio Society for 38 years, the Harrisburg Singers for 10 years, and conducted "complete" performances of Handel's Messiah 19 times.

ANDY SMITH has been painting professionally since 1980 and he specializes in watercolors. He uses transparent watercolors, painted in a series of washes to build color, creating shadows and a very strong use of light. Andy enjoys having people watch him paint. He participates in exhibits and shows along the Eastern Coast.

> INSTRUCTOR BIOGRAPHIES

RONALD C. SOLLENBERGER was a school counselor and vocational educator for 35 years in both secondary and post-secondary education. He retired and became interested in colonial history and native cultures. Mr. Sollenberger has read and studied much, has taken many classes and seminars, attended many re-enactments, and visited numerous historical sites on the East Coast.

Mr Sollenberger has also taken several classes in chair caning at Hagerstown Community College. As a result, he has learned various techniques of caning and weaving using different materials such as cane, flat reed, round reed, Shaker Tape, and sea grass. He has demonstrated at several events (Dills Tavern) and would like to share this craft with others.

CHARLES H. STONE attended the New Cumberland schools and graduated from Princeton University and the Harvard Law School. Attorney Stone has practiced law for a half-century or so, but in his spare time has played some piano and listened to a lot of music. He has held a lifelong interest in the Great American Songbook and has an ongoing career as an amateur pianist with several groups.

MARCIA STRITTMATTER retired from nursing several years ago and learned to play bridge – now she plays as often as her schedule permits. Initially, the desire was to improve the aging brain, but an unexpected benefit was a new group of wonderful friends. Ms. Strittmatter serves on the Education Committee at the Harrisburg Bridge Club and was a Board Member for 3 years; last year she became a certified (T.A.P.) bridge teacher. It will be her pleasure to help you and your friends learn to play and enjoy this amazing game.

JANET LEA (GRINDALL) TAYLOR was born in Michigan of typically mixed Mid-Western heritage and later lived in Centre County, Pennsylvania. After graduation from the University of Michigan, she married an Army Officer and “followed the guidon” for 21 years.

Upon retirement and return to Pennsylvania, she volunteered at local historical societies. Able to read 18th century German and script, she transcribed church and cemetery records of various central Pennsylvania sites as well as transcribing, translating, and cataloging the extensive collection of “Taufscheins” (Birth certificates) of the Perry Historians. In addition, she cataloged the Perry County Road docketts from 1820 to 1850.

Ms. Taylor is the author of many publications about central Pennsylvania history, and she has written several books about Perry County history. She is currently working on a book titled The Underground Rail Road in the Juniata Basin.

PAUL WENGERT, M.D. retired from Clinical Surgery and worked as a volunteer surgeon in several Third-World Countries. Reading and collecting books on the history of science has been one of his major interests. New histories on the research and writings of Alexander von Humboldt have stimulated his specific interest in the development of our present understanding of the impact of Global Warming on our lives in the future.

JOYCE WILDER has been a Beekeeper for nine years. She is a member of the PA Backyard Beekeepers and the York County Beekeeper’s Association. Ms. Wilder has given numerous lectures to area garden clubs and organizations. She is a retired educator who worked for the PA Department of Education in Harrisburg doing teacher training and evaluation in the field of special education.

SPRING 2017 REGISTRATION FORM PATHWAYS INSTITUTE FOR LIFELONG LEARNING®

PLEASE COMPLETE ALL SECTIONS AND PRINT ALL INFORMATION (ONE FORM PER PERSON)

PLEASE SELECT ONE OF THE FOLLOWING REGISTRATION OPTIONS:

Please refer to [MEMBERSHIP](#) on page 2 for details concerning registration options.

MEMBERSHIP OPTION

PER COURSE OPTION

NAME: Dr. Mr. Mrs. Ms. (Circle one)

Last Name First Name (preferred) MI

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Street

City State Zip Code

PHONE: _____

PLEASE SELECT ONE:

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- Messiah Village Resident
- Susquehanna BIC Conference Member
- Instructor

E-MAIL ADDRESS:

REGISTRATION DATA:

- > Membership Fee Covers Enrollment in **Five** Courses (Plus Other Benefits Listed in Catalog).
- > Membership Fee and Per Course Fees **do not** cover Special Events, Service Projects, Transportation, Books, Supplies, or Meals.
- > **Please do not submit payment with registration.** A statement will be issued indicating amount owed along with confirmation of courses and events in which you are enrolled. Payment is due within two weeks of receiving statement. Make checks payable to: **Messiah Lifeways at Messiah Village.**
- > Prioritize your selections by listing them in order of importance to you in the section on the reverse side. Priority is given first to your preferences and secondly to the date your registration form is received.
- > Every attempt will be made to enroll an individual in their first **5** preferred courses for Membership option (special events not included). Requests for additional courses will be considered on a space available basis, so it is important to list **all** courses you are interested in attending in priority order.
- > Please make sure to check the boxes on the reverse side if you wish to attend the special events. Capacity for these events is limited, so please sign up early!
- > Service Projects are **not** to be counted in your course selections. Please use the check boxes to select them.
- > Please refer to the Fee Schedule for a list of all fees associated with the spring 2017 term.

SEE REVERSE SIDE TO REGISTER FOR COURSES, EVENTS & PROJECTS >

COURSE/EVENT/PROJECT REGISTRATION

PLEASE COMPLETE ALL SECTIONS AND PRINT ALL INFORMATION (ONE FORM PER PERSON)

PRIORITY SELECTIONS

PRIORITY	COURSE #	COURSE/EVENT TITLE
First Choice		
Second Choice		
Third Choice		
Fourth Choice		
Fifth Choice		

ALTERNATE SELECTIONS

ALTERNATE	COURSE #	COURSE/EVENT TITLE
First Choice		
Second Choice		
Third Choice		

SPECIAL EVENT: (Do not count in course selections)

Piano Recital Featuring Dr. Charles Seifert

SERVICE PROJECTS: (Do not count in course selections)

Tabitha's – Making Hats & Scarves for Others in Need!

Newborn Kits for MCC: Infant Gowns

PLEASE INDICATE IF YOU ARE:

NEW TO PATHWAYS A RETURNING MEMBER

PLEASE TELL US HOW YOU FIRST LEARNED ABOUT PATHWAYS INSTITUTE FOR LIFELONG LEARNING:

As a Resident of Messiah Village

Mailing _____

Connections Member

Newspaper _____

Friend

Magazine _____

Radio

Other _____

OPTIONAL

PLEASE INDICATE YOUR AGE RANGE (CIRCLE ONE) 55 – 59 60 – 69 70 – 79 80 – 89 OVER 90

PLEASE INDICATE YOUR GENDER (CIRCLE ONE) MALE FEMALE



> SPRING 2017 FEE SCHEDULE

SPRING 2017 FEE SCHEDULE

- Please **do not** submit payment with registration.
- A statement will be issued indicating amount owed along with confirmation of courses and events in which you are enrolled.
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MESSIAH LIFEWAYS AT MESSIAH VILLAGE

REGISTRATION TYPE	FEE
Community Member	\$100.00
Messiah Village Resident	\$75.00
Susquehanna BIC Conference Member	\$75.00
Per Course (Unless designated otherwise)	\$25.00 each

ADDITIONAL COURSE FEES

COURSE	ADMISSION	TRANSPORT	INSTRUCTOR/ SUPPLIES
Spuds and the Cabbage Patch			*\$10.00
Get Back in the Game – of Bridge! – Presentation & Tour		*\$9.00	
Hans Herr House and the Conestoga Historical Society – Tour	*\$15.00	*\$9.00	*\$10.00 (Lunch)
Chair Caning – Hand Cane Weaving the Seven Step Method			*\$25.00
Introduction to Perry County – Presentation & Tour		*\$9.00	
Glorious Times – Presentation & Tour		*\$9.00	
Weed Walk with Willa – Tour		*\$9.00	

SPECIAL EVENT

Piano Recital Featuring Dr. Charles Seifert

SERVICE PROJECTS

Tabitha's – Making Hats & Scarves for Others in Need!

Newborn Kits for MCC: Infant Gowns

(Special Events and Service Projects are not to be counted in your course selections.)

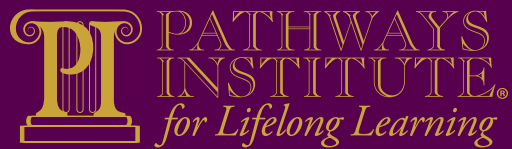
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